MEMOIRS

CONVENT OF JESUS & MARY HIGH SCHOOL, VASAI 2024-25 VOLUME 15





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Dear Reader,

Warm greetings to everyone!

Celebrating the 14th edition of our Annual Magazine at the Convent of Jesus & Mary High School fills us with joy. This publication reflects the creativity, achievements, and spirit of our students, staff, and parents, capturing the essence of another remarkable year together.

"We make a living by what we get, but we make a life by what we give." Winston Churchill's words capture the genuine spirit of generosity and serve as the foundation for our theme this academic year: "The more you give, the more you receive." This theme reminds us that genuine joy and fulfilment lie not in what we gain, but in the service we affer to others. At CJM Palle, we embrace this spirit wholeheartedly, striving to nurture students who excel academically and grow into compassionate, creative individuals. Our mission is to inspire them to uplift others, understanding that generosity enriches both giver and receiver.

We extend heartfelt gratitude to our principal, Rev. Sr. Flavia Fernandes, for her generous spirit and visionary leadership. Her unwavering dedication to holistic growth reminds us that when we give from the heart, countless blessings follow. Her cammitment motivates us to serve with love, finding joy in the cycle of giving and receiving.

St. Claudine reminds us that in giving, we often receive more than we could ever imagine. She dedicated her life to helping the less fortunate, seeing her charitable acts to build meaningful connections. As a giver and teacher, she inspired her community to live lives of service, showing that giving not only enriches the soul but also strengthens relationships. Through various initiatives, she fostered a culture of generosity that touched all ages, demonstrating that giving is a profound source of joy and purpose.

Our school motto, "Dare to Shine," encourages students to step forward with confidence and share their talents, ideas, and creativity with others. We invite you to explore these vibrant pages filled with insightful articles, creative expressions, and artistic endeavours that embody the joy of giving and the reciprocal nature of receiving.

In closing, I wish to express my sincere gratitude to our Principal, Sr. Flavia Fernandes, the editorial team, our dedicated parents, vibrant students, and supportive alumni. Your unwavering support and contributions have been essential to making this magazine a reality. Enjoy this journey of ingenuity, where every act of giving enriches the beautiful cycle of receiving.

Warm Regards,

Ms. Tejaswi Pereira Grade 10 Educator

PRINCIPAL'S ADDRESS

"God loves a cheerful giver." - 2 Corinthians 9:7

Dear CJM Family,

It fills my heart with immense joy and gratitude to present to you the 15th edition of our school magazine, centered on the theme "The More You Give, The More You Receive." This theme stems from a heartfelt desire to instill in our CJM community the transformative power of giving. As I reflected on our school's journey, I realized that while we often eagerly seek to receive, we sometimes hesitate when called to give. This inspired me to encourage a shift—a move toward embracing generosity, kindness, and compassion as guiding principles of our lives.

This theme has not simply been a concept but a way of life that has shaped our daily experiences at CJM throughout this academic year 2024-25. It has touched every corner of our school, from the programs we hosted to the countless moments shared among students, teachers, and staff. We carefully planned each activity this year to embody the essence of giving—through enriching learning experiences, joyful celebrations, meaningful outreach programs, and inspiring peace initiatives. As you explore the pages of this magazine, you will encounter vibrant photographs and heartfelt narratives that reflect the generosity, unity, and compassion that have blossomed within our school community.



The true essence of giving has been vividly brought to life by every member of our CJM family. Our teachers, with their unwavering dedication, have gone far beyond their call of duty, selflessly investing their time and energy to nurture and inspire our students. Despite demanding tasks, the staff approached their responsibilities with smiles and open hearts, proving that giving involves not only grand gestures but also small, meaningful acts of service.

Our students, too, have displayed remarkable generosity. They have supported one another with kindness and created a warm, inclusive atmosphere that fosters growth and belonging. Our parents have been pillars of generosity, extending their help in countless ways—from assisting teachers to paying the fees of underprivileged children. Each act, big or small, has showed how giving transcends material things and touches lives in profound ways.

As a School Community, we have witnessed the truth of this theme first-hand: the more we give, the more we receive. The blessings we have experienced this year—stronger bonds, deeper joy, and a vibrant sense of togetherness—are a testament to God's abundant grace. At CJM, we have learned that giving is not merely an action, but a way of life that enriches both the giver and the receiver.

Before I conclude, I extend my heartfelt gratitude to each one of you—students, teachers, staff, parents & benefactors — for your unwavering support, kindness, and generosity. You have made this year an unforgettable chapter in the history of our school. May we continue to give freely, cheerfully, and wholeheartedly, knowing that every act of giving, no matter how small, holds the power to transform lives.

As you explore this extraordinary magazine, may its captivating articles and vibrant depictions of generous acts enrich your hearts.

With gratitude and blessings, Sr. Flavia Fernandes RJM

From Student to Chief Guest: A Full Circle Moment

Hard work brings success, and success is merely the beginning of greater victories ahead. This belief was reaffirmed as I had the honor of being the Chief Guest at the Annual Day Celebration of Convent of Jesus and Mary High School—a place that has been my second home for nearly twelve years. This occasion was more than just a celebration; it was a moment of reflection, gratitude, and inspiration.

Annual Day has always been one of the most anticipated events in school life, filled with rigorous rehearsals, last-minute adjustments, and the thrill of performing in front of an audience. Until last year, I was on the other side—backstage, learning my lines, perfecting my part, and feeling the nervous excitement that every performer experiences. This year, however, I was invited to stand before the school community, not as a student performer, but as an alumnus who had topped Grade 10 and achieved success in the SSC Board exams.

While my board exam results were an important milestone, I believe that true success is not measured solely by marks but by the perseverance, dedication, and lessons learned along the way. The journey is far from over; in fact, it has only just begun. However, it was a privilege to use this platform to acknowledge and congratulate my fellow batchmates for their outstanding achievements. Each of them has a unique path ahead, and I have no doubt that they will shine in their chosen endeavors.

Reflecting on my time at Convent of Jesus and Mary High School, I have witnessed its incredible transformation—especially over the past two years under the visionary leadership of Rev. Sr. Flavia Fernandes. She has been the catalyst for growth, fostering an environment that encourages excellence, innovation, and holistic development. The school has not only raised academic and extracurricular standards but has also embraced the digital era, reaching thousands of people through platforms like YouTube and Instagram. The school's increasing presence on these platforms is a testament to its evolving approach to education and engagement.

As I addressed the students, I shared a few words of advice, particularly for those preparing for their Grade 10 Board Exams:

- ✓ Enjoy the journey School life is a treasure that, once gone, never returns Make the most of it.
- ✓ Be consistent Hard work, when done regularly, yields far better results than last-minute cramming.
- ✓ Set priorities wisely There is a time for fun, and there is a time for focus. Learning to balance both is key.
- ✓ Learn for knowledge, not just for marks True education is about understanding, applying, and growing, not
 just scoring high.

Most importantly, I emphasized the importance of relationships—with teachers, school staff, and peers. The mentors we meet during our school years play a crucial role in shaping our future. Building strong connections with them can open doors to guidance, wisdom, and endless opportunities.

No reflection would be complete without gratitude. I owe my achievements to the unwavering support of my parents, who have been my guiding light, always encouraging me to do my best. My brother and grandparents have been my silent strength, standing by me in every phase of my journey. A heartfelt thanks goes to Rev. Sr. Flavia for her leadership and mentorship, which have left a profound impact on my personal growth. My teachers and school staff have been instrumental in my success, and no words can truly capture the depth of my appreciation for their patience, dedication, and belief in me. And, of course, my classmates—the friendships, the laughter, the shared struggles—have all contributed to making my school years unforgettable.

As we move forward, may we all continue to strive for excellence, carrying with us the lessons, values, and bonds that have shaped us into who we are today.

By Scanlon Dsilva Alumnus First Ranker

From Student to Success: The Mentors Who Made a Difference

Canadian author and lecturer Bob Proctor once said, "A mentor is someone who sees more talent and ability within you than you see in yourself and helps bring it out of you." This quote beautifully encapsulates the essence of mentorship. A mentor does more than guide; they nurture, inspire, and shape us into the individuals we are meant to become. As young students, we are like blank pages—unformed, uncertain, and searching for direction. This is where teachers step in. They help us discover our strengths, navigate our weaknesses, and prepare for the world beyond the classroom.

My journey at Convent of Jesus and Mary (CJM) was a remarkable one, shaped by the incredible teachers who believed in me, challenged me, and helped me grow. Through their wisdom, patience, and encouragement, I evolved from a shy young student into a confident individual ready to take on new challenges. This article is a tribute to the teachers who left a lasting impact on my life. I began my schooling in 2012, stepping into a building filled with unfamiliar faces and an uncertain future. But from the very first day, something happened that made CJM feel like home. As I sat down in Jr. Kg. nervous and unsure, I was greeted by a warm smile and a cheerful "Good morning, Reon!" That was the voice of Ms. Giovonna, my very first teacher. Her kind demeanor and welcoming presence reassured me that I was exactly where I was meant to be. Little did I know, this was the start of a journey filled with learning, mischief, and unforgettable experiences. Moving into primary school, I encountered new teachers and new challenges. One incident from Grade 1 remains etched in my memory. I was mischievous and talkative-so much so that within the first two weeks, my teacher, Ms. Alatiya, called my parents in for a meeting. Expecting a scolding, I braced myself for the worst. But instead of reprimanding me, she highlighted my strengths, showing me how much potential I had. At the time, I didn't fully grasp the significance of her words, but looking back, I realize she was teaching me an invaluable lesson—one of self-improvement and belief in my own abilities. It was in Grade 2 that Ms. Ronita entrusted me with my first leadership role as class monitor. That responsibility changed my perspective entirely, teaching me discipline and accountability. Later, Ms. Mildred played a pivotal role in building my confidence, encouraging me to participate in inter-class dramatics and annual day performances. Her faith in my abilities helped me embrace extracurricular activities, shaping me into a well-rounded student.

With secondary school came bigger responsibilities and higher expectations. I began setting personal goals, striving to balance academics and extracurricular pursuits. Ms. Swity, my teacher in Grades 5 and 6, believed in me wholeheartedly, entrusting me once again with the role of class monitor. Her encouragement gave me the confidence to push my limits, strengthening my foundations for the years ahead. Then came the COVID-19 pandemic, a time of uncertainty and disruption. Returning to school in Grade 8 after months of online learning felt both exciting and overwhelming. The so-called "new normal" was anything but normal, yet it was during this time that Ms. Rovina's cheerful spirit and unwavering support became my anchor. She motivated me to stay focused, even inspiring me to prepare for a position in the student council. Grade 10 was a defining year—one filled with highs and lows. My first-term results were disappointing, and for a brief moment, self-doubt crept in. But just when I needed it most, Ms. Rupa reminded me that setbacks were merely stepping stones to success. Her words reignited my motivation, pushing me to work harder and ultimately excel in my board exams.

I cannot conclude this reflection without expressing my deep gratitude to Ms. Anita, who played a crucial role in my journey from Grade 6 to 10. Through countless opportunities and encouragement, she helped me develop my skills and talents, reinforcing my belief that learning extends far beyond textbooks. Looking back, my years at CIM were filled with invaluable lessons, cherished friendships, and the unwavering support of incredible teachers. What truly matters is not just the destination but the journey itself—the experiences that shaped me, the mentors who guided me, and the memories that will stay with me forever.

I know that if I ever walk through the gates of my school again, I will be greeted with the same warm smiles that welcomed me on my very first day. Because at CJM, a student never truly leaves—they carry the lessons, the values, and the love of their teachers wherever they go. And for that, I am eternally grateful.

By Reon Saldana Alumnus Second Ranker

How I Became a Topper - My Step-by-Step Success Plan

"All successful people have a goal. No one can get anywhere unless they know where they want to go and what they want to be or do." - Norman Vincent Peale

There was a time when I struggled with my studies, feeling lost and overwhelmed. I wanted to do well, but I lacked direction. That's when I decided to take control of my learning by setting clear goals and following a structured plan. Today, I want to share the exact steps that helped me become a topper, hoping they will inspire and guide others toward success.

1. Setting Clear and Specific Goals

The turning point in my academic journey was when I stopped saying, "I want to score well" and started setting concrete goals. I told myself, "I will aim for above 90% in my final exams by studying two subjects daily." This shift in mindset gave me a clear target to work towards and kept me focused.

2. Creating a Realistic and Practical Study Plan

Initially, I made the mistake of setting unrealistic study schedules, which left me feeling exhausted. I realized that consistency was more important than cramming. So, I divided my syllabus into smaller tasks, dedicating specific hours to each subject. I also made it a habit to revise formulas and concepts daily, ensuring I wouldn't have to struggle at the last minute.

3. Eliminating Distractions and Staying Focused

One of the biggest challenges was avoiding distractions, especially my phone. To maintain discipline, I started studying in a quiet space, kept my phone out of reach, and used a timer to stay on track. I also rewarded myself with short breaks, which made long study hours manageable.

4. Practicing and Revising Consistently

Practicing was the game-changer. I solved previous years' question papers, attempted mock tests, and studied from different sources to deepen my understanding. This not only boosted my confidence but also prepared me for different types of questions that could appear in the exams.

5. Overcoming Challenges with the Right Approach

There were days when I felt stuck on difficult topics. Instead of giving up, I sought help from teachers, classmates, and online resources. I learned that persistence and problem-solving are key to overcoming academic hurdles.

6. Staying Motivated Through Small Wins

Every time I successfully completed a topic or solved a tough question, I celebrated my progress. These small victories kept me motivated and reminded me that I was moving closer to my goal.

7. Seeking Support and Balancing Life

I surrounded myself with positive influences—friends, teachers, and family members who encouraged me. I also took time for hobbies, exercise, and relaxation, ensuring that I didn't burn out. A balanced approach to studying made a huge difference in my overall performance.

Conclusion

Through careful planning, consistent effort, and smart strategies, I transformed my academic performance and achieved my goal of topping my class. Success isn't about luck; it's about dedication and the right mindset. If I could do it, so can you! Believe in yourself, stay focused, and work towards your dreams with determination. Wishing you all the very best in your journey to success!

By Scarlet D'Souza Alumnus

Third Ranker

My Journey to Success: Overcoming Challenges and Celebrating Achievements

Success is a goal that everyone aspires to achieve, but the path to it is never easy. It demands dedication, perseverance, and resilience in the face of challenges. My twelve glorious years at Convent of Jesus and Mary High School, Palle, Naigaon, have been a journey filled with struggles, triumphs, and invaluable life lessons. As I look back, I realize that every challenge I encountered shaped me into the person I am today.

Like many students, I started preparing for my 10th board exams from day one. However, being a slow learner, I had to put in extra effort, studying three to four hours daily to keep up. Memorizing lessons took time, and there were moments when I felt overwhelmed and exhausted. Some days were harder than others, but I refused to give up. I learned that progress is not achieved overnight but through consistent effort and self-discipline. I had to experiment with different study techniques, figuring out what worked best for me. Despite moments of doubt, I stayed committed to my goal, knowing that every small step forward was a victory in itself.

One of the greatest blessings on this journey was the unwavering support I received. Since I was a slow learner, the school provided me with writers to assist me during exams. I am deeply grateful to Miss Vishlesha and Master Abhay, who displayed incredible patience and dedication. Not only did they have to keep up with my fast-paced speech, but they also had to understand my pronunciation and write my answers accurately at the same speed. Often, I had to repeat answers multiple times to ensure clarity. Their commitment and perseverance played a significant role in my success, and I wish them great achievements in their own journeys ahead.

Practical exams were another hurdle, as performing tasks in front of my teachers made me nervous. But through it all, my mother was my guiding light. She patiently helped me prepare and gave me the confidence to face my fears. I never took tuitions or extra classes, relying solely on my school teachers, my own hard work, and the guidance of my family.

I firmly believe that surrounding oneself with positive and supportive people is crucial for success. My teachers left no stone unturned in helping me realize my true potential. Their guidance, encouragement, and motivation gave me the strength to push forward, while my peers provided academic and emotional support.

I am deeply grateful to my Principal, Rev. Sister Flavia Fernandes, whose unwavering support and encouragement pushed me to participate in academics, extracurricular activities, sports, and annual programs. Her positive reinforcement fueled my determination, making my school journey even more enriching.

None of this would have been possible without the unconditional love and support of my family. My mother has been my greatest pillar of strength, taking keen interest in my studies, guiding me through assignments, and ensuring that I always gave my best. My grandmother was both a critic and a motivator, teaching me the power of prayer and offering constant encouragement. She always prayed for me, prepared nutritious meals, and made sure that I remained healthy and focused throughout the academic year. Their sacrifices and love were the foundation of my success.

Above all, I am immensely grateful to Almighty God for blessing me with strength, wisdom, good health, and perseverance. It was through daily prayers and unwavering faith that I found the courage to keep going, no matter how tough things got.

As I stand on the threshold of a new journey, I feel immensely proud to have been a part of CJM, an institution that has been my second home. The values, experiences, and friendships I have gained here will stay with me for a lifetime.

To my juniors, my message is simple: Stay focused, be consistent, and work hard from the beginning of Grade 10. Do not wait until the last moment to start preparing. Believe in yourself, trust in God, and give your best effort. Success is not just about high scores—it's about growth, restlience, and learning from every challenge. The key to success lies in consistency, balance, and surrounding yourself with the right people.

Dare to Shine, CJMites! The world is yours to conquer!

Third Ranker

Success Without Tuitions: My Journey to Academic Excellence

In today's fast-paced world, students are often caught in a race for academic excellence, believing that only high grades define success. While excelling in studies is important, it is equally essential to engage in extracurricular activities that build character, confidence, and social skills. True success lies not just in mastering textbooks but in becoming a well-rounded individual who can think, create, and lead.

Throughout my school years, I dedicated myself to my studies, excelling in subjects like Mathematics, Science, and Social Studies. But I didn't stop there—I actively participated in school events such as cricket tournaments, Independence Day and Republic Day celebrations, Annual Day performances, and Teachers' Day programs.

These experiences taught me teamwork, leadership, and resilience, qualities that are just as valuable as academic knowledge.

One of the biggest myths among students today is that private tuitions are necessary for success. Many believe that without extra coaching, they cannot achieve good grades. But I proved otherwise. I completed my Class 10 through self-study, without attending a single tuition class. By managing my time wisely, focusing on understanding concepts, and practicing regularly, I not only saved my parents' hard-earned money but also became a topper in my school. This experience reinforced my belief that success comes from discipline, smart strategies, and self-belief, not from expensive coaching classes.

To students who feel trapped in endless tuition schedules, I urge you to reconsider. Overloading yourself with extra classes can be exhausting and counterproductive.

Instead, trust yourself, develop effective study habits, and learn to manage your time efficiently. School lessons, self-study, and the right resources are more than enough to excel. Rather than blindly following the crowd, focus on what truly benefits you.

Balancing academics and extracurricular activities is not about perfection—it's about making the right choices and ensuring personal growth. It's important to recognize your limits, avoid unnecessary stress, and prioritize your mental and physical well-being. Proper sleep, nutrition, and relaxation are just as important as study hours.

Success isn't just about scoring high marks—it's about becoming a confident, capable, and well-rounded person. Strive for excellence, but also make time to explore your interests, develop new skills, and enjoy the journey of learning. Work smart, believe in yourself, and success will follow.



The Importance of Hard Work and Perseverance in Achieving Success

In my own experience, I've come to realize that success isn't something that happens overnight—it's something we build, step by step, through hard work and perseverance. While talent and good fortune can give us a head start, it's the consistent effort we put in every single day that truly makes the difference.

There have been times when I've felt discouraged, when things didn't go as planned, and the path ahead seemed uncertain. But I've learned that it's in those very moments—when we choose to keep going despite the odds—that we grow the most. Hard work teaches us discipline and sharpens our abilities, and perseverance gives us the strength to keep moving forward, even when progress feels slow.

Every obstacle we overcome adds to our strength and brings us closer to our goals. Success, I've found, isn't just about reaching a destination—it's about who we become along the way. It's about rising after falling, staying committed to our dreams, and believing in ourselves even when the world seems quiet.

So, if you're chasing a dream, don't be afraid of the effort it takes. Embrace the journey. Trust the process. And remember: with hard work and perseverance, no goal is ever out of reach.

By Jenifer Rego Alumnus

Fifth Ranker

The Subconscious Secret: How Meditation Transformed My Journey

In a world where obstacles and challenges are inevitable, our mindset shapes our destiny. Just like a computer, where our thoughts serve as input and our actions as output, the way we think directly impacts the course of our lives. Positive thinking is a powerful tool that transforms struggles into stepping stones and uncertainty into confidence. It is not just about wishful thinking but about believing in possibilities, staying optimistic, and developing resilience in the face of difficulties:

During the initial months of my 10th grade, we were gifted a life-changing book by our Principal, Rev. Sister Flavia Fernandes—The Power of Your Subconscious Mind by Joseph Murphy. This book became more than just a read; it was a guiding light in helping me understand the importance of a positive outlook. The book reinforced the idea that our thoughts have the ability to shape our reality, and it encouraged me to be mindful of my inner dialogue.

Beyond just gifting us the book, Sister Flavia played a significant role in nurturing our mindset. She believed that a strong, positive mind is key to success and made sure we internalized this philosophy. Every day, she conducted meditation sessions that instilled in us a sense of peace, focus, and self-belief. Her daily affirmations were a source of strength, helping us eliminate negative thoughts and build unwavering confidence in ourselves. She constantly reminded us that failure is not the end but a lesson in disguise, and that determination and faith can overcome any challenge.

I have come to realize that success is not just about intelligence or hard work—it is also about the ability to maintain a positive attitude, no matter how tough the journey gets. The impact of positive thinking, faith, and self-belief is profound, and I owe much of my confidence today to the guidance and wisdom of Sister Flavia.

To anyone struggling with self-doubt, my message is this: Train your mind to see the good, to embrace challenges, and to believe in your own potential. With positive thinking, resilience, and the right guidance, success is not just a dream—it becomes a reality.

By Glen Dsouza Alumnus Sixth Ranker

Office College



Vaishnav
"Kindness flows in me"



Vishlesha
Vaity

"Soft as a melody, strong
as a wave"



"Confidence is my power, and I own it"

Liston



Rodrigues

Shania





Hardikee
Patil
"Small size, big energy!"



Rivan
Upadhyay
"In my mind, I'm always
the best"



Dias
"I'm brilliant, I'm bold, I'm
me!"

Nicole



"Running, jumping, winning—Lam an athlete!"



Alistan Kabuk *Learning fuels my journey"



Antara Shilukar "Loud, proud, and full of life"



"A good heart, a great sout"



Anshika Soni "Peace is my power"



Shrushti Karmalkar

"Dance is the language my soul speaks"



Anas Shaikh

"Hard work is my identity"



Angel Baretto

"I'm shy, but creativity speaks for me"



Aryan Dixit

"If it's sports, I'm in!"



Vaz Football is where I belong



Dsouza Gentle soul, strong mind

Saraah



Vaishnav Genius is my second name

Piyush



Christel Pereira My ambition knows no limits



Nora Machado Chill, funny, and full of life!



Vaity Kabaddi is in my blood

Ritik



Misquitta A big heart, an even biggersoul



Carvalho Smart, sharp, unstoppable -that's me!

Sam



Jondhale 2024-25, my year in cricket!



Diva Chaudhari Hardworking, confident, unstoppable



Koli Haugh, Hive, Hove



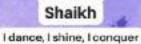
Deandra Dcunha A kind heart leads my way



Sensiya Carvalho



Huzefa Shaikh





Zoya Shaikh

My art, my magic!



Koli Truth is my guide in life

Stallone

Slow, steady, and always winning

Office College



Schneida Dcosta I give with all my heart



Krishna Bhatkar Respect isn't a choice, it's who I ami



Bhavsar My courage defines me

Preksha



Allen Martin



Godawarikar
Cycling is my freedom, my



Koli Self-love is my glow

Aditi



Immanuel Kindness is my superpower



Anaida Lewis Artis my language



Veda Vartak Idance, I play, I win



Dsouza

Honesty is my strength, always

Brian



Koli I speak iess, but I matter more



Menezes

Ambition drives my dreams



Aarav Bafna

I think, I move, I win chess is my game



Immaculate Fernandes

Purity is my strength



Shelar Shelar

Silent, yet strong in heart



Kiara Nair I shine in my own way

Orine English



Tanishka
Dongare

Nature is my peace and
passion



Moulvi I ride fast, I dream big

Hamid



Shinde Creativity runs in my veins

Devyani



Marc Colaco Helping others makes me who I am



Ashlyn Castellino A true friend, always and forever



Bhargavi Mhatre I spread kindness wherever I go



Patil
Kindness isn't what I do,
it's who I am



Nirmiti

Mothe Sweetness with a spark



Teias Narkar Head with heart and mind



Devne
The goal is safe with me



Shelar
The ultimate all-rounder!



Manasva Dhangekar Success is in my DNA



Colaco

Cricket isn't just a sport,
it's my passion

Nursery : The Sharing Snack Time

The Yummy Cookie

Mia had a big, round cookie in her tiffin. It smelled so yummy!

Her friend Jake looked at the cookie and said, "Wow! That looks tasty!"

Mia smiled and said, "Let's share!" She broke the cookie into two.

Jake took a bite. "Mmm! This is so good! Thank you, Mia!"

Mia was happy. Sharing made the cookie even sweeter!

-Gadiel D'mello Nursery

Tim's Popcorn Surprise

Tim had a small box of popcorn. It was crunchy and salty!

His friend Noah forgot his snack. "I have nothing to eat," Noah said sadly.

Tim smiled and said, "You can have some of mine!"

Noah grabbed a handful. "Yay! Popcorn party!" they both laughed.

Sharing made snack time fun!

-Aarav Awaghade Nursery

The Juicy Watermelon

Lily had big, red watermelon slices in her lunchbox.

Her friend Emma had only one biscuit.

Lily smiled. "Emma, do you want some watermelon?"

Emma's eyes lit up. "Yes, please!" She took a slice and giggled.

The watermelon was sweet and juicy—just like Lily's kind heart!

-Khizar Shaikh Nursery

The Crispy Chips Party

Jay had a packet of crispy chips. He was about to eat when he saw Sam.

"I forgot my snack today," Sam said, looking sad.

Jay thought for a second. Then he smiled. "Let's share my chips!"

Sam's face brightened. "Really? Thank you!"

They are together and laughed. Sharing made snack time the best time!

-Jaden Gomes

Nursery

The Happy Banana

Ella had a ripe banana in her tiffin. Her friend Ron had only a small cracker.

Ella peeled her banana and said, "Let's share!"

Ron took half and smiled. "This is so yummy!"

Ella giggled. "Sharing makes food taste even better!"

Their teacher saw them and said, "Sharing is caring!"

-Jacinta Mishra Nursery



Imagine opening a box that holds the power to change lives—where every item inside has the magic to heal, inspire, and transform the world around you. What would you choose to put inside?

THE MAGIC BOX OF GENEROSITY

If I had a magic box, I would fill it with the beautiful gift of generosity. Inside the box, I would have kind hearts that could be shared with anyone feeling sad or lonely. There would be helping hands ready to assist people who need a little extra support, whether it's with carrying something heavy or just lending an ear. I would include happy words that can brighten someone's day, like "You are amazing" or "Thank you for being you!" I'd also put in balloons of joy to make people smile and sparkles of kindness that would spread all around, making the world feel warm and happy. My magic box would show everyone that the more we give, the more love and happiness we share, and that's what makes life truly special. Generosity is not just about giving things, but about giving your heart and time, making everyone feel cared for and appreciated.

-RAELYN PINTO

MY MAGIC BOX OF GRATITUDE

If I could fill my magic box with something special, it would be gratitude-a magical feeling that helps us appreciate all the good things around us. This box would be full of little notes that say "thank you" for the people and things that make my life beautiful. Each note would be a reminder to appreciate my family, friends, teachers, and everything that makes me smile. Every time I open the box, I would find a new note of gratitude for the little joys in life-the sunshine, the laughter, the kindness from others, and even the tough moments that help me grow. The magic of gratitude in my box would fill my heart with happiness and remind me that life is a gift. By sharing these notes of thanks, I would help others feel special and know how important they are, making the world a more thankful and positive place.

-JEREMIAH PSOUZA

If I had a magic box, I would fill it with an endless supply of seeds. These wouldn't be just any seeds-they would be special ones that grow into whatever someone needs most. If a person is feeling sad or lonely, a seed could bloom into a beautiful flower to brighten their day. If someone is hungry, the seed could grow into a bountiful tree, offering fresh fruit to nourish them. These seeds would carry the power of hope, compassion, and generosity. Each seed would symbolize how a simple act of kindness can create something amazing, whether it's a smile, a meal, or a sense of belonging. Like planting a small seed and watching it grow into something extraordinary, the kindness we share can have a lasting impact. This magic box of seeds would remind me that even the smallest gestures of love and care can lead to something beautiful, changing lives and bringing happiness to others.

MY MAGIC BOX OF SEEDS

-FAHAD KHAN

MY MAGIC BOX OF PRECIOUS MEMORIES

If I had a magic box, it would hold the most precious memories of my life. Inside this magical box, I would keep my first-ever birthday snap with my parents, where I'm blowing out the candles on my cake. That picture would remind me of the love and happiness that surrounded me since I was born. There would also be my very first day of school photo, where I'm holding my tiny bag and wearing a big smile. That moment marked the start of a new adventure in learning, with my parents cheering me on. I'd keep these pictures safe in my magic box because they capture moments of pure joy, excitement, and love. These memories remind me that family, love, and growth are the most important things in life. Every time I open my magic box, I'd feel the warmth of my parents' love and the happiness of those special days. These moments would stay with me forever, helping me cherish the simple joys of life.

-ARISTA FERNANDES

So, as you close your eyes and picture your own magic box, remember—its true magic lies in what you choose to share with the world, creating endless ripples of kindness and wonder!



A Basket Full of Smiles

If I had a Giving Basket, I would fill it with the brightest and happiest smiles, just like the sunshine after a rainy day. These smiles would be magical—they would light up someone's face even on their saddest days. I would give these smiles to anyone feeling lonely, warried, or upset.

When they see the smiles, they would feel a warm glow in their hearts, just like cuddling in a cozy blanket. They would know that someone cares for them, and maybe, they would pass that smile along to another person who needs it too. A smile is a small thing, but it can make the whole world brighter!

Mst. Veeresh Kale

A Basket of Hugs

My Giving Basket would be filled with soft and cuddly hugs, like the fluffiest teddy bears you can imagine. These hugs would be warm and comforting, perfect for anyone feeling scared, tired, or alone.

I would give these hugs to my family when they need a little extra love, to my friends when they feel sad, and to anyone who needs a reminder that they are never alone. A hug is like a magical shield—it makes people feel safe, loved, and cared for, no matter what challenges they are facing.

Mst. Joel Barretto

A Basket of Kind Words

In my Giving Basket, I would place the sweetest and kindest words: words like "you are special," "you can do it," and "I'm here for you." These words would sparkle like tiny stars and bring happiness to anyone who hears them.

I would share these words with everyone I meet—my teachers, my friends, and even strangers. Kind words are like seeds of love; when we plant them, they grow into smiles, friendships, and joy. The best part? Kind words never run out, and the more we share, the more we spread happiness!

Ms. Zunairah Mohammed Salim Rangari

A Basket of Sweet Treats

I would fill my Giving Basket with the yummiest goodies—cookies that taste like hugs, candies that melt like joy, and little cakes topped with sprinkles of love. These treats would be wrapped in colourful paper with tiny bows, making them extra special.

I would give these treats to children who don't often get to enjoy sweets, to neighbours who might need a little surprise, or to friends just to make their day sweeter. Sharing a treat is not just about food—it's about showing love and care in the most delicious way possible!

Ms. Anvi Chaturvedi

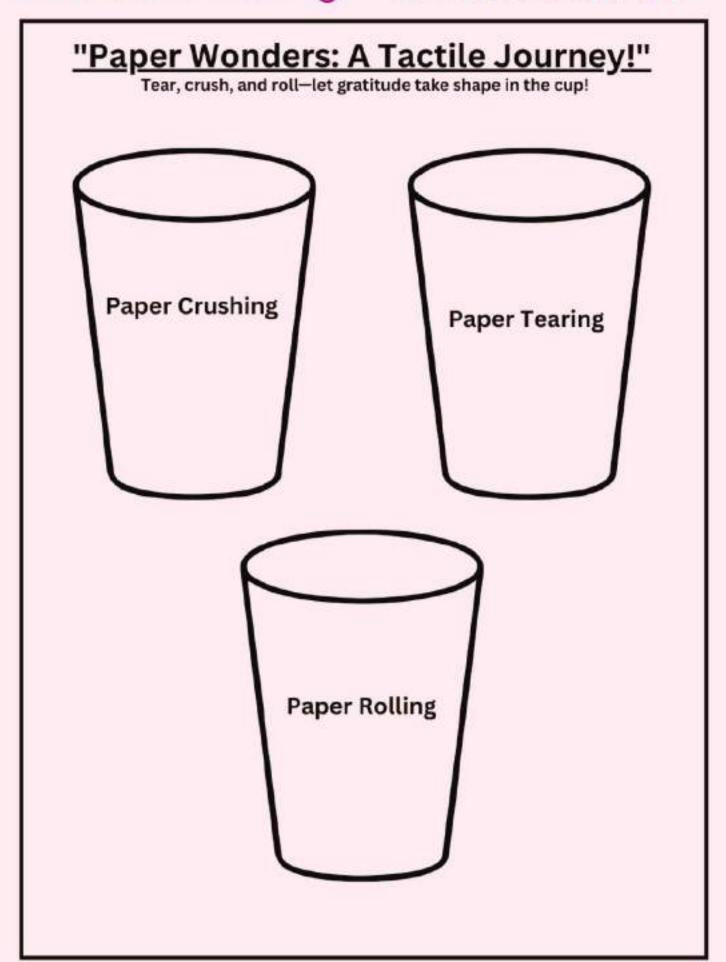
A Basket of Helping Hands

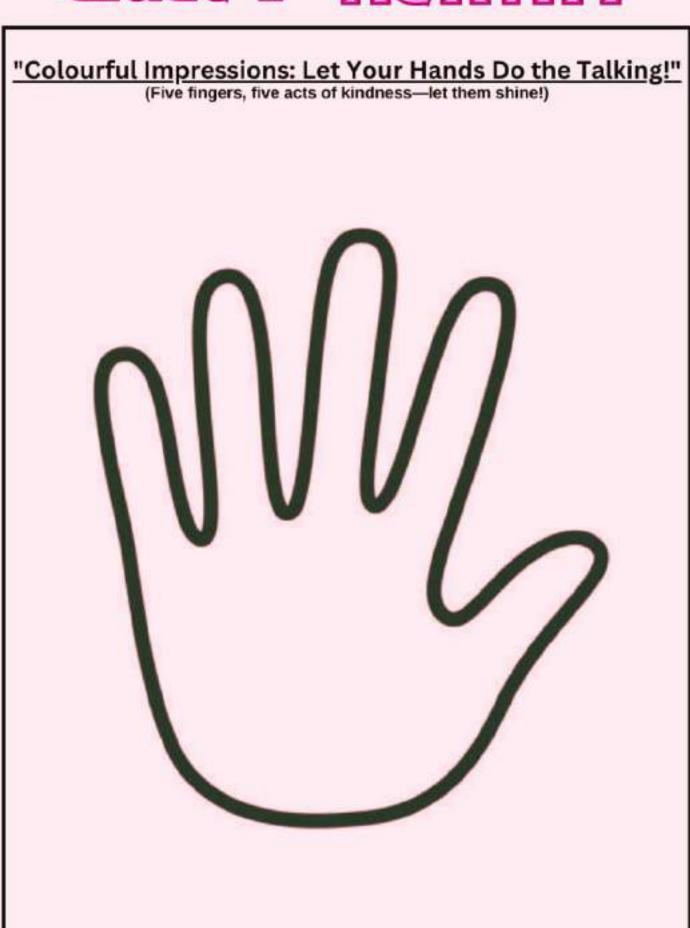
My Giving Basket would have tiny helping hands that are ready to spring into action. These hands would be busy and cheerful, ready to clean up messy rooms, carry heavy school bags, or tidy up a garden.

I would share these helping hands with my parents when they're tired, with my teachers when they have lots to do, and with my friends when they need a little extra support. Helping others is like adding a sparkle to their day—it shows them that they don't have to face challenges alone.

Mst. Tanvik Khevare

Pre-Primary - ACTIVITY



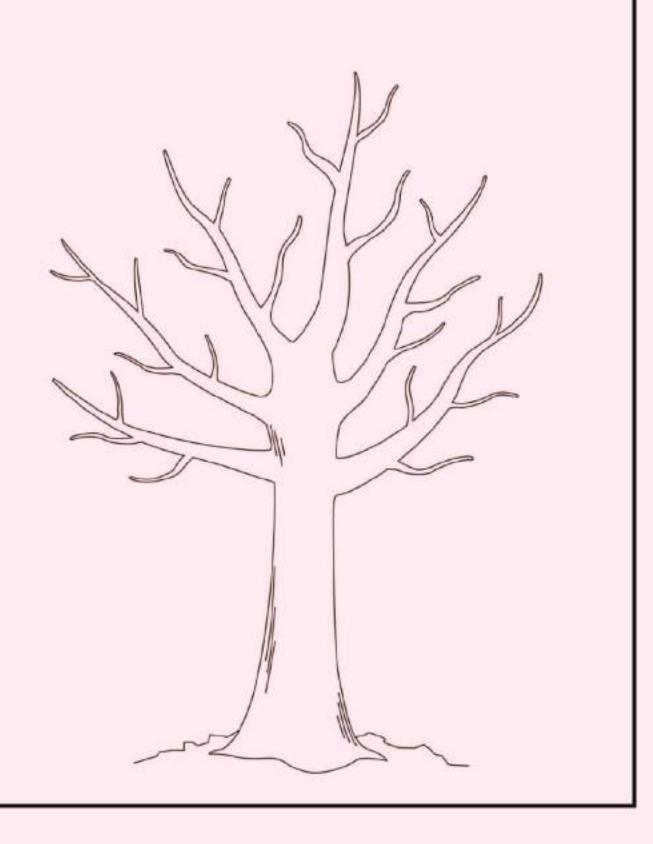




Grade 2 - ACTIVITY

"Growing Gratitude: A Tree Full of Thanks!"

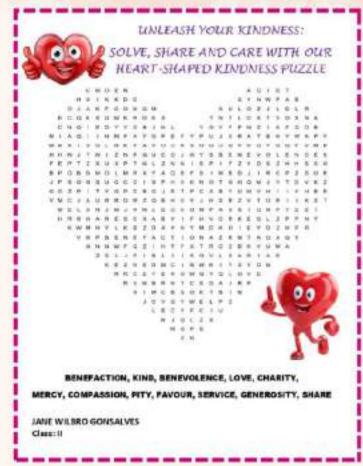
(Harvest your blessings—write them on cutouts of leaves and fruits, then let them bloom on the Gratitude Tree!)



GRADE 2 - KINDNESS WORDS



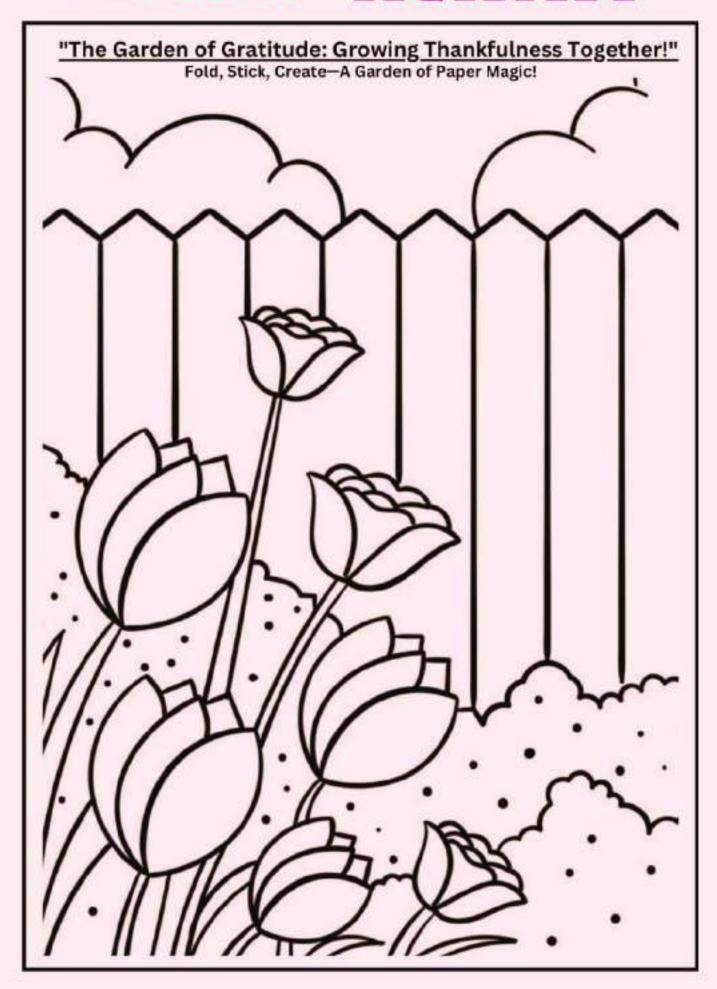
Shining Bright: A Star of Kindness and Good Deeds w KINDUG F 0 6 0 0 0 D 5 U C P.C.F.W QRXB 2 T M O 0. V GODDNESS SUPPORT SHARING RATIENCE FRIENDLY CENACE RESPECT DEFDS SULF **GIVING** THOUGHTFUL







Cirade 3 - ACTIVITY



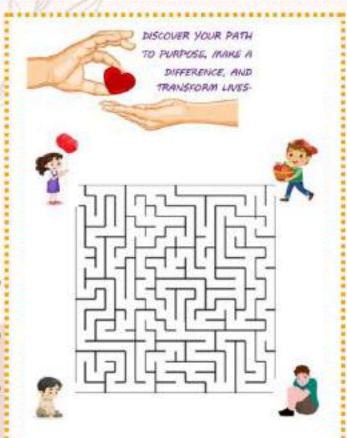
Grade 3 - Generosity Maze



Embrace the Challenge, Lose Yourself in Compassion, and Claim Your Victory



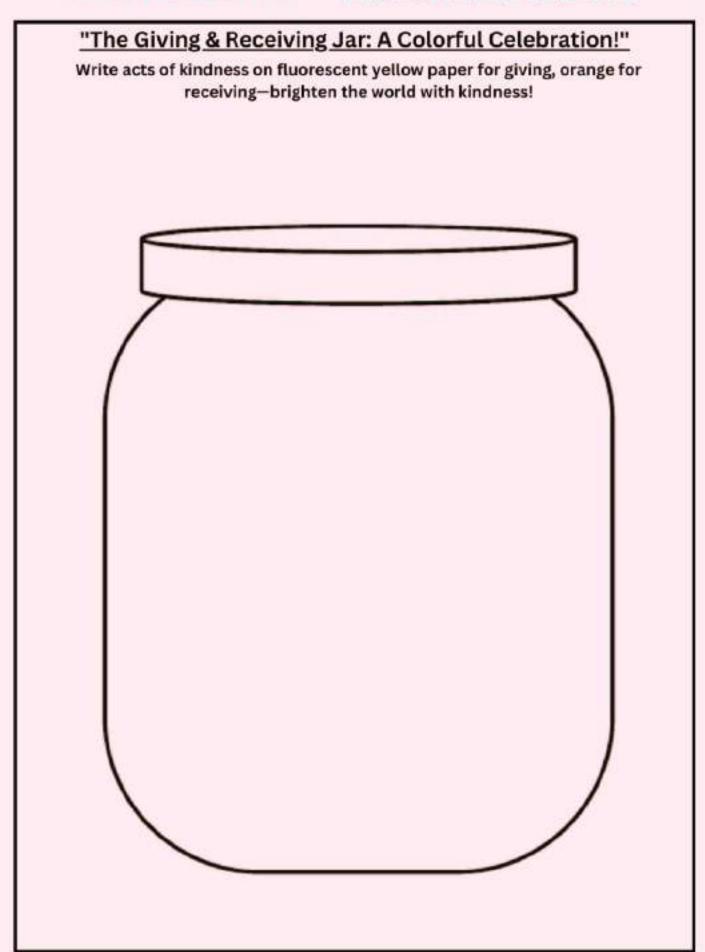
Gwidon Oriton Dmello Std 3



Rolph Gonolves







Grade 4 - Quiz Trivia



DIVE IN AND EXPLORE THE QUESTIONNAIRE TO UNICOVER THE DEPTHS OF GENEROSITY

- Complete the following plarase "The more you give
- The more you distribute
- b. The mere year receive
- c. The more yearan
- 2. Which farmers personality passed away recently who was well income for his generacity?
 - a. Mether Teresa
 - b. Batan Tata
 - c. Nacondra Nedi
- 2. What is the morte of Line's slab, the famous NGO?
 - e. We serve
 - b. We belo
 - c. We denote
- 4. What was the name of the regardeation founded by Mother Torona?

 - h. Missionaries of Charity
 - c. Doughers of Charity
- 5. According to Catholic Religion what part of your income should you donnte to the sharel charles?

 - h 5%
- e. 1854
- 6. Complete the placase 'Charity begins at __
 - a School
 - b. Seclety
- r. Blome
- 1. Complete the placese 'God leves a cheerful _
- a. Becefrer
- e. Gree
- What is the Islamic term for charitable giving?
 - e Zatar
 - h. Imbak

DE DO DO BY ME BE 'NO SHIMSHY

Roles L. Miral

SIDIV







TEST YOUR KNOWLEDGE PARTICIPATE IN OUR QUIZ TRIVIA AND DISCOVER THE POWER OF **GENEROSITY!**

- 1. In which book of the bible can you find the quote "Give and it will be given to you"
 - A. Wathew
 - B. Lake
 - C. John
- Who femously sald, "We make a living by what we get. We make a life by what we give"?
 - A. Manatres Gandhi
 - 8. Windon Churchill
 - C. Mother Terrisia
- 3. What hormone, after linked to happiness is released when people perform acts of kindness.
 - A Septonin
 - B. Coylocia
 - C. Endomkin
- 4. True or false: Studies show that people often experience more happiness when giving gifts or money to others then when spending it on themselves:
 - A True
 - D. Felse
- 5. Which term describes acts of kindness given without expecting anything in return
 - A. Resprosty
 - B. Altrumm
 - C. Generosty
- 6. Which spiritual leader said the more you give the happier we feet
 - A. Mohatrua Gandhi
 - R: Tive Dietai barret
 - C. Nebret Manriele
- 7. In economics, what principal refers to a small increase in giving effort that can results in a larger benefit or reward.
 - A. The law of Diminishing returns
 - B. The law of supply and Demond.
 - C. The law of increasing letures
- 8. Which organization uses the motto "service above self?"
 - A. Rotary international
 - B. Ried cross
 - C. Hebitel for humanity

Answers: 18, 2C, 38, 4A, 58, 58, 7C, 8A

Grace Godfrey Gorsalves

Grade 4 - Quiz Trivia

GET READY TO GIVE AND RECEIVED JOIN IN AND TAKE OUR QUIZ QUEST TO EXPLORE THE SPIRIT OF COMPASSION





- a) To give something as a load.
- 10. To replay orlanded to consider who helped you
- To lively other untitional expecting craything in return.



- c) Abert Section
- to Mohotow Gonder
- Mortin Lativer Yong &

16 Which of these actions reflect. The idea "the more you give the more you receive"?

- a) Sharing food with senseons in read.
- b) Ignoring someone who need help.
- Neeping off your lenowhelps to yourself.

Q Which organization works globally to provide humanitation aid, disoter relief and health service?

- o). Unicely for every children
- 10 The Med Cres
- () Netterof Geographic

i) What is one benefit of giving to other according to studie?

- it) Decreased hoopings.
- to increased street.
- in the proved well-being and hoppings.

b) Who is brown for his extensive phillosthingsy and duration to healthcare, education, and technology?

- o) Elm Mask
- to Winman Burbac
- O Bil Cales

15 In which women die people braditionally Within more about giving and helping attend.

- ró Winter
- to Summer
- o Astern

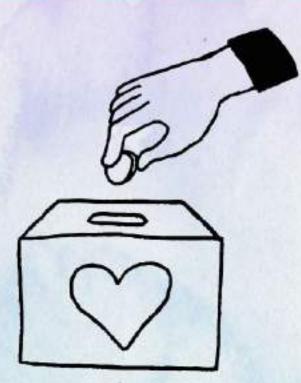
6) What is a conduct at little keep?

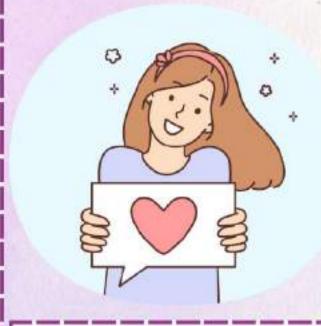
- a) Altredact done to receive a roward.
- b) A postureous set of bindress done without effecting anything in setum
- Agricular set to make often notice you.

WANTED SET SET SET SET SET SET SET

LIRISHAN SATRANGE

SID 4







BEGIN THE VOYAGE OF GENEROSITY ...

AND CULTIVATE THE ART OF GIVING
AND RECEIVING.

- Q3. Which of the following virtues is often associated with generosity?
 - a) Humility
 - b) kindness
- c) Both A and B
- QZ. Who is the author of the brok. "The Generosity Ladder"?
 - a) Nelson Mondela
 - b) Nelson Searcy
 - c) Rick Warren
- Q3. Which of the following is an example of an abonymous act of kindness?
 - a) Donating money to a homeless shelter
 - b) Helping a friend with favour
 - c) Voluntsering at a local hospital
- Q4. Who is the founder of the ted cross organisation?
 - a) Florence Nightingsle
 - b) Henry Durent
 - c) Albert schweitzer
- Q5. What is one of Tata Trusts key initiative in the field of water and sanitation?
 - a). Organizing beach clean-up drives
 - b) Providing clean drinking water in rural areas
- c) Developing water park
- Q5. What is the primary focus of the smile foundation, an NGO in India?
 - a). Providing animal welfare
 - b) Support underprivileged children's education, healthcare and nutrition
 - c) Promoting environmental conservation
- Q7. What is the name of the ancient Greek concept of generasity and rec procity?
 - a) Xenta
 - b) Charis
 - c) Arete

en pouce, oc. 26, 56, 99, 59, 59, 30, 100

SEASIA MERWANIMAGIADO

SED. W

Grade 5: Superberces of Giving

"If I Am a Superhero, I Will Give Every Child a Chance to Learn"

If I would be a superhero of Giving, I would ensure that every child has access to quality education. Education is like a magic key that unlocks the door to a bright future. But many children around the world lack books, proper classrooms, and teachers to guide them. Some must walk for hours to reach school, while others never get the chance to study at all.

I would create a world where every child has a school—a place to learn, play, and grow. I would give them kind teachers, colorful books, and a safe space to dream big. When every child receives a good education, they can become doctors, teachers, artists, or anything they aspire to be. If I could make this happen, the world would be filled with smart, kind, and happy individuals who will make it a better place far everyone.

Miss Jess Gonsalves Grade 5



"If I Am a Superhero, I Will Give Every Child a Loving Family"

If I would be a superhera of Giving, I would ensure that all children have loving parents and happy families. Families are meant to stay together, care for each other, and share lave. But sometimes, parents fight and decide to live apart, which makes children feel said and confused.

I would help parents solve their problems with kindness and understanding, so that no child has to see their family break apart. Every child deserves a home filled with love, laughter, and warmth. If I could make this happen, no child would have to choose between parents, and every family would stay strong and happy forever.

Miss Sana Shaikh Grade 5



"If I Am a Superhero, I Will Make the World a Place of Love"

If I would be a superhero of Giving, I would bring peace everywhere. I would create a world where people do not fight, where war does not exist, and where everyone lives happily tagether. Sometimes, I see on the news that people in different countries are fighting, and it makes me feel sad. I wonder how children in those places feel when they hear the loud sounds of war instead of laughter.

I would build a world where kindness and compassion bring people together. If there is peace, families can stay united, children can play safely, and no one has to live in fear. I would love to see a world where love and friendship strengthen communities instead of dividing them. I would ensure that every person, no matter where they live, can experience a life filled with hope, joy, and harmony.

Miss Andrea Rodrigues Grade 5



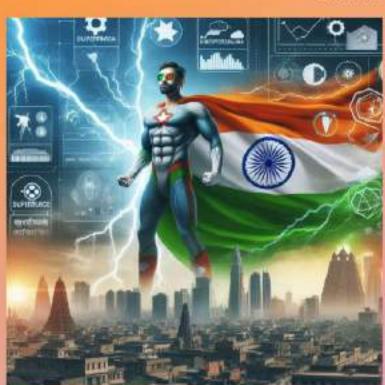
Grade 5: Superheroes of Giving

"If I Am a Superhero, Every Child Will See the Light of Day"

If I were a superhero of Giving, I would make certain that every baby is brought into this world with love and care. Babies are precious miracles, filled with dreams and laughter, and each one deserves a chance at life. However, there are times when families feel unable to welcome their child, and that thought deeply saddens me.

I would support every mother and father, giving them the strength and hope to embrace their child, no matter the challenges they face. Every baby is unique and has a special purpose in this world. If I had the power, no child would be lost before they could experience the joy of life, the warmth of love, and the happiness of being cherished. The world shines brighter with every new life, and I would make sure that each baby gets the chance to see its beauty.

Miss Veda Koli Grade 5





"If I Am a Superhero, I Will Make India a Superpower"

If I were a superhero of Giving, I would make it my mission to help India become the greatest and strongest country in the world. India is already a beautiful land with intelligent people, a rich culture, and an incredible history. But I dream of an India where there is no poverty, no hunger, and no pollution.

I would strive to establish a nation with the best schools, the most brilliant scientists, and the most advanced technology so that we can contribute to the betterment of the world. I want every Indian to take pride in our nation, working together to make it cleaner, safer, and more powerful. If I could make this happen, India would shine like a bright star, leading the world with kindness, wisdom, and strength.

Miss Vinisha Bvakar Grade 5

Grade 6 A WISHING STAR



A Wishing Star of Education

If I see a wishing star, I will wish for all children to have wonderful schools and everything they need to learn. Education is like a magic key that opens the door to a bright future. But many children around the world do not have books, proper classrooms, or teachers to guide them. Some have to walk for hours just to reach school, while others don't have time to study at all. I wish for every child to have a school where they can learn, play, and grow. I hope they have kind teachers, colourful books, and a safe place to dream big. When every child gets an excellent education, they can become doctors, teachers, artists, or anything they want to be. If my wish comes true, smart, kind, and happy people will fill the world, making it a better place for everyone.

Grade 6- Jivika Rahendra Naik

A Wishing Star for Peace in the World

If I see a wishing star, I will wish for peace everywhere. I wish for a world where people do not fight, where there is no war, and where everyone lives happily together. Sometimes, I see on the news that people are fighting in different countries, and it makes me feel sad. I wonder how children in those places feel when they hear loud noises of war instead of laughter. I wish for a world where everyone is kind and helps each other. If there is peace, families can stay together, children can play safely, and no one has to be afraid. I hope my wish comes true so that the world can be a place where love and friendship bring people together.

Grade 6 Ansh Gaikwad

A Wishing Star for Happy Families

If I see a wishing star, I will wish for all children to have loving parents and happy families. Families are meant to stay together, care for each other, and share love. But sometimes, parents fight and decide to live apart, which makes children feel sad and confused. I wish that all parents could solve their problems with kindness and understanding so that no child has to see their family break apart. Every child deserves a home filled with love, laughter, and warmth. If my wish comes true, no child will have to choose between parents, and every family will stay strong and happy forever.

Grade 6- Beyonce Morris Dsouza

A Wishing Star for Every Baby to Be Born

If I see a wishing star, I will wish for all babies to have a chance to be born and be loved. Every baby is a gift, a tiny life waiting to see the world, smile, and grow. But sometimes, babies are not given a chance to live, and that makes me feel sad. I wish that every family welcomes their baby with love and joy. Babies may be small, but they have big hearts that can bring happiness to the world. If my wish comes true, no baby will be lost before they can see the sun, feel a hug, or hear a lullaby. Every life is special, and I hope that all babies are given the chance to be part of a loving family.

Grade 6- Saanvi Nitesh Kamble

A Wishing Star for India to Be a Superpower

Ilf I see a wishing star, I will wish for India to become the greatest and strongest country in the world. India is already a beautiful land with smart people, rich culture, and amazing history. But I dream of an India where there is no poverty, no hunger, and no pollution. I wish for India to have the best schools, the best scientists, and the best technology so that we can help the whole world. I want every Indian to be proud of our country, working together to make it cleaner, safer, and more powerful. If my wish comes true, India will shine like a bright star, leading the world with kindness, wisdom, and strength.

Grade 6- Shruti Siddharth Karmalkar



IF I COULD REWRITE THE STORY, HOW WOULD THE NEXT CHAPTER BEGIN

Hello, my name is Abhay Ajit Singh Rawat. I am a student of C.J.M., studying in Standard 7, and tonight, I dare to dream. If tonight could rewrite my story, I know exactly how I would want the next chapter to begin.

In this new chapter, I see myself working hard to become the highest ranker in my school, making my parents proud with every step I take. But my dreams do not stop there. I envision myself as a **doctor**—not just any doctor, but one who serves with compassion, treating the poor and the needy with love and care. I dream of opening clinics in places where medical support is scarce and developing hospitals that are fully equipped with modern machines, ensuring that no patient is left untreated.

In my rewritten story, I see India as a healthier and safer place to live. I will not only work as a doctor but also establish an institution where aspiring doctors—especially those who cannot afford medical education—can learn, practice, and serve. I want to give them a chance to heal the world, just as I dream of doing.

I imagine myself discovering **antidotes for diseases** that have no cure today. I dream of donating money to **orphanages, the poor, and those in need**, making a difference in their lives.

If tonight could rewrite my story, the next chapter would be filled with hope, determination, and selfless service.

And with hard work and faith, I believe this chapter is not just a dream but a reality waiting to unfold.

How would you rewrite your story?

- ABHAY RAWAT Std. VII



Dreams take flight in the minds of those who dare to believe. If tonight could rewrite my story, I know exactly how I would want the next chapter to begin—soaring high above the clouds, chasing the endless sky.

My love for flying began when I was just **eight years old**. That day, my father took me to see the **cockpit of an airplane**, and in that moment, samething inside me changed. The sight of the controls, the endless possibilities of the skies—it was as if the universe had whispered my destiny to me. My father patiently explained how an aircraft is controlled, and with every word, my fascination only grew. I knew then that my journey had begun.

Years have passed, but my passion for flying has never wavered. Even today, whenever I see an airplane, my heart skips a beat, and my body instinctively salutes it. The **call of the skies is too strong to ignore**. I dream of the day when I will sit in that cockpit, not as a visitor, but as a pilot—**guiding a plane through the vast blue, feeling the rush of takeoff, and embracing the endless horizon**.

If I could rewrite my story tonight, my next chapter would be filled with determination, hard work, and perseverance. I would dedicate myself to mastering the science of flight, overcoming every challenge that stands in my way, and finally earning the wings I was meant to wear.

This is not just a dream. It is my destiny.

And so, I step forward into the future, ready to turn the page. How would you rewrite your story?

- DISHA BHAGLI Std. VII



IF I COULD REWRITE THE STORY, HOW WOULD THE NEXT CHAPTER BEGIN

If tanight could rewrite my story, I know exactly how I would want the next chapter to begin—holding a paintbrush in my hand, standing in front of a big, blank canvas, ready to bring my imagination to life.

I have loved drawing and painting since I was little. I still remember the first time I mixed colours and watched them blend into something beautiful. It felt like magic! Every time I pick up a pencil or brush, I feel happy, free, and excited to create something new. Whether it's a sunset, a portrait, or just random doodles, art is my way of expressing myself.

Even now, whenever I see a painting or a mural on the street, I stop and stare, wondering about the story behind it. I dream of the day when my own artwork will be displayed somewhere for others to see and admire. I want people to look at my paintings and feel something—happiness, wonder, or even a memory from their own lives.

If I could rewrite my story tonight, my next chapter would be all about working hard to improve my art. I would practice new styles, learn from amazing artists, and maybe even enter some competitions. I know becoming a great artist won't be easy, but I am ready to work for it.

This isn't just a hobby for me—it's my dream. And I can't wait to see where my story goes next!

- RIDHIMA TARE Std. VII



If tonight could rewrite my story, I know exactly how I would want the next chapter to begin—standing on a stage, holding a microphone, and sharing my words with the world.

I have always loved stories—reading them, listening to them, and most of all, telling them. Ever since I was little, I would make up stories in my head, creating characters and adventures that felt as real as anything around me. I would tell my friends stories during lunch breaks, and sametimes, I would even write them down in my notebook, dreaming that one day, others would read them too.

Even now, when I hear someone tell a powerful story, I feel inspired. Words have the power to make people feel, to make them think, and to even change their lives. I dream of writing stories that make people laugh, cry, and see the world in a new way. One day, I hope to stand on a stage, telling stories that people remember long after they hear them.

If I could rewrite my story tonight, my next chapter would be filled with learning how to write better, practicing public speaking, and finding the courage to share my words with more people. I know the journey won't be easy, but I am ready to take the first step.

This isn't just a dream—it's wha I am meant to be. And I can't wait to see how my story unfolds next!

- OLISA BAR Std. VII



Grade 8 TIME CAPSULE



What If I Had Chosen Faith Over Silver?

I was one of twelve, chosen to walk beside the Son of God. I witnessed miracles, heard the words of eternal life, and shared meals with the Messich Himself. Yet, history remembers me not for my time as a disciple, but for the moment I betrayed Him. I am Judas Iscariat, the man whose name became a curse, a symbol of treachery and greed. But have you ever wondered—what if I had chosen faith over betrayal? What if, instead of surrendering to my weaknesses, I had trusted in Jesus? Would my name be spoken with honor instead of shame?

I walked with Jesus, listened to His teachings, and witnessed His miracles. He called me to be His disciple, just as He had called Peter, James, and John. I was given a place among the Twelve, entrusted with responsibilities, and shown a love beyond measure. Yet, something inside me wavered. Doubts crept into my heart, and I allowed greed and impatience to take root. I convinced myself that the silver mattered more than my soul, that my actions held no real consequences. But I was wrong.

The moment I kissed Jesus in the garden, marking Him for arrest, I felt the weight of my betrayal. The silver in my hands burned like fire. I tried to unda my crime, to return the money and erase my guilt, but it was too late. The priests refused to take it back, and my Master had already been condemned. Overcome with despair, I saw no way forward. I believed that my sin was too great for forgiveness, and in my sorraw, I took my own life.

But what if I had chosen a different path? What if, instead of falling into despair, I had run to Jesus' feet, begging for His mercy? He forgave Peter, who denied Him three times. He forgave those who mocked Him as He hung on the cross. Would He not have forgiven me too? If only I had believed in His love, my story could have been different.

I could have spent my days preaching His message, traveling to distant lands like the other apostles, sharing the story of my greatest mistake and the mercy that saved me. I could have taught others that no sin is beyond God's grace, that even those who stumble can find their way back. Perhaps I would have written my own gospel, a testament to the power of repentance and the limitless love of the Savior I ance betrayed.

If only I had chosen faith, I might have been remembered as a man transformed by grace instead of one lost to regret. My name could have stood for redemption instead of treachery. But I let my shame consume me, forgetting that the same Jesus I betrayed was the one who came to save sinners like me. Let my story be a lesson—no mistake is too great for God's mercy. If you ever find yourself lost, do not turn away as I did. Run to Him, for His arms are always open.

ANGEL SALU D'CUNHA Std. VIII

I Led Millions-But Toward Fear, Not Freedom

I was a man with great wealth, but chose destruction over generosity. I had the power to unite, yet I spread fear instead. My words could have healed, but I used them to divide. The world remembers my name with dread, my actions with sorrow. Who am I? I am Osama bin Laden, the mastermind of terror, the face of extremism, and the architect of one of history's darkest days. My choices led to war, suffering, and the loss of countless innocent lives.

But what if my story had been different? Born into privilege, I had every opportunity to create a legacy of goodwill and progress. Instead of fuelling violence, I could have built schools, hospitals, and communities. What if I had uplifted rather than destroy? Would people remember me as a wise man instead of a symbol of fear?

I had the gift of influence. My words had the power to move people, to inspire loyalty, and to shape beliefs. But instead of using that influence for peace, I used it to breed hatred. What if my speeches had called for understanding instead of war? What if I had taught my followers love instead of vengeance? The world might have known me as a leader of unity rather than a bringer of chaos.

Had I chosen the path of compassion, I could have left behind a world that was stronger, not broken. I could have built bridges instead of burning them. My name could have been associated with hope rather than horror. But I did not make that choice, and history will never forget the destruction I left in my wake.

The past is written, but the future is still in our hands. My life is a warning—violence only leads to loss, and hatred leaves nothing but ruin. The leaders of today must learn from my mistakes. Choose dialogue over war, kindness over cruelty, and unity over division. The world needs builders, not destroyers. It needs leaders who choose peace.

NAME: SHAWN SANJAY MORAES



Grade 8



The Price of Power: My Greatest Mistake

I was once the most powerful man in my land. My words could command armies, my decisions shaped the fate of millions, and my image learned over the cities I ruled. I built palaces that touched the sky, but they became symbols of excess while my people struggled. I silenced those who opposed me, thinking it would make me stronger, yet in the end, it left me utterly alone. I ruled a nation, yet I lived in fear of my own downfall.

I am Saddam Hussein. The world knows me as a dictator, a tyrant who ruled Iraq with an iron fist. I am remembered for the wars I waged, the lives I destroyed, and the fear I instilled in my own people. I crushed dissent, I fought enemies within and outside my borders, and I believed that absolute control was the only way to govern. But now, I ask myself—what if I had chosen a different path? What if, instead of power, I had sought peace? What if, instead of silencing voices, I had listened to them?

Had I chosen to lead with wisdom and justice, my country could have been a beacon of hope instead of a land of suffering, Instead of war, I could have fastered diplomacy, Instead of division, I could have united my people—Sunnis, Shias, Kurds, and Christians—into a single, strong nation, I could have encouraged progress, built schools and hospitals, and made Iraq a land of innovation rather than a battlefield. With its rich resources and history, Iraq could have been a leader in the Arab world, admired for its growth rather than feared for its appression.

I could have been a leader who inspired, not one who ruled through terror. If I had chosen economic reform over military expansion, education over censorship, and compassion over cruelty, my people would have stood by me, not against me. They would have remembered me as a man who lifted his nation, not one who brought it to its knees. My name could have been spoken with respect, not with hatred.

But I did not choose that path. Het my hunger for power consume me. I waged wars that drained my country, destroyed families, and turned cities into ruins. I led with fear, and in the end, fear turned against me. My rule ended in capture, trial, and execution. The very power I fought to keep was stripped away from me, leaving me with nothing but regret.

Now, as I look back, I see what I refused to see before—power built on fear will always crumble. A leader is only as strong as his people, and when they are broken, he too will fall. If only I had chosen peace over cruelty, wisdom over arrogance, and unity over control, my fate—and the fate of Iraq-might have been different. But history does not grant second chances. My story is now a warning, a lesson for those who come after me.

> SHUBHRAR PAWAR STD.8th

A Terrorist's Regret: A Life That Could Have Changed the World

My name is Adolf Hitler, and history remembers me as a dictator who brought destruction and suffering to the world. I rose to power in Germany in 1933, ruling with fear, silencing those who opposed me, and leading my nation into war. My decisions resulted in millions of deaths, and the Holocaust became one of the darkest chapters in human history. Instead of choosing peace, I pursued conquest, leaving behind a legacy of hatred and devastation.

But what if I had chosen a different path? As a young man, I dreamed of becoming an artist. I spent years painting, hoping to make a name for myself, but rejection crushed my dreams. Instead of holding on to my passion, I allowed anger and bitterness to take over. What if I had continued painting? Could my name have been associated with beauty instead of brutality?

I had another powerful gift-my ability to speak and inspire people. My words stirred emotions and commanded attention. But instead of using this talent to bring people together, I used it to divide, to spread hate, and to fuel war. What if my speeches had been about unity, progress, and diplomacy instead of destruction and revenge? Could I have led Germany to greatness through peace rather than war?

If I had ruled with wisdom and compassion instead of fear and cruelty, the world might have been different. Germany could have become a nation known for innovation and prosperity rather than destruction. My name could have been remembered with respect instead of disgust. The power I had could have been used to build, not to destroy.

But I did not make that choice. And now, my story stands as a warning to future generations. Hatred leads only to ruin, and ambition without compassion brings only destruction. The past cannot be changed, but the future remains unwritten. Those who lead today must choose wisely—choose peace, choose unity, and choose to build a better world.

> NAME: SHAWN SANJAY MORAES GRADE-8



Grade 8 TIME CAPSULE



A Second Chance: If I Had Chosen a Different Path

I was not born a killer. I was once just a boy, running through the dusty streets of my village, unaware of the darkness that would one day consume me. But fate—or perhaps my own choices—led me down a path of bloodshed and destruction. My name is Ajmal Kasab, and the world remembers me as a terrorist. I was one of the men responsible for the 2008 Mumbai attacks—an act of violence that stale innocent lives and plunged a nation into mauming. I held a gun, followed orders, and became part of something harrific. But was I always destined to be this person? Was there ever a moment when my life could have taken a different turn?

I was not born with hatred in my heart. I was just a boy from a small village in Pakistan, struggling to survive. Poverty surrounded me, and my dreams seemed impossible. Then, men came into my life, offering purpose, food, and power. They told me that my suffering had a reason, that I was chosen for something greater. They filled my mind with lies and placed a gun in my hands. I believed them, I was too young, too blind to see that I was nothing more than a pawn in their game of destruction.

But what if someone had reached me before they did? What if, instead of being trained for violence, I had been given education, guidance, and a future? Maybe I would have learned that true strength does not come from taking lives, but from protecting them. If I had been given a chance to study, to build a career, to work for something good, perhaps I would never have stepped onto the shores of Mumbai with murder in my hands.

I will never forget the moment I was caught. My comrades were killed, but I was taken alive. For the first time, I was forced to face the reality of what I had done. There was no more training, no more lies—just the faces of those who had suffered because of me. I was thrown into prison, left to reflect on the horrors I had caused. The walls of my cell became my only companions, and the weight of my crimes pressed heavily upon me. I was no longer a warrior. I was a prisoner, a man awaiting his punishment.

I was sentenced to death. I had taken lives, and now my own life would be taken in return. On November 21, 2012, I was led to the gallows. I thought about the people I had killed—people whose names I never knew, whose stories I never cared about. In that final moment, I wished I had been different. I wished someone had reached out to me before hatred did. I wished I had chosen another path.

But my time had run out. My story is one of destruction. Yet, if it serves any purpose, let it be a lesson—no one is born evil. It is the choices we make, the influences we allow, and the opportunities we receive that shape us. If only I had been given the right chance, perhaps today, I would be someone else. Someone better. But for me, there are no second chances. Only regret.





Grade 9



Breaking Barriers: An Interview with Captain Nalini Rawat

I am Dhani Rawat, a student of Class IX at Convent of Jesus and Mary High School, and I had the honour of interviewing Captain Nalini Rawat—a true embodiment of strength, resilience, and leadership. Her journey in the military is a testament to dedication, courage, and breaking barriers. Through this conversation, we gain insight into her experiences, challenges, and the values that drive her.

1. What inspired you to join the military?

"The values of discipline, service, and leadership in the military inspired me. I wanted to challenge myself, serve my country, and make a real difference."

2. How has your journey been as a woman in a male-dominated field?

"It has been a mix of challenges and opportunities. Earning respect required hard work and perseverance, but I've also found strong support along the way. My dedication has always been my strongest statement."

3. How do you manage the balance between personal and professional life in the Army?

"Time management and prioritization are key. I make sure to dedicate time to my family and personal wellbeing while staying committed to my responsibilities."

4. Can you share a proud moment from a mission you led?

"One of my proudest moments was leading a humanitarian relief operation. Coordinating with international agencies and local authorities, we successfully delivered aid to communities in need."

5. What motivated you to take up a career in the armed forces?

"I wanted to push my limits—physically, mentally, and emotionally—while contributing to something greater than myself."

6. How do you handle challenges like sexism or bias in the workplace?

"By staying professional, standing my ground, and promoting a culture of respect. I also support those who face similar challenges and advocate for a zero-tolerance policy."

7. How do you navigate cultural and language barriers during international missions?

"Strong communication, cultural awareness training, and teamwork help bridge gaps. Interpreters and local partnerships also play a crucial role in successful missions."

8. What are some personal sacrifices you've had to make for your career?

"Time away from loved ones, missed milestones, and the intense demands of service. But every sacrifice has been a step toward fulfilling my purpose."

9. Can you recall a time when duty came before personal priorities?

"During my Kashmir deployment, my mother underwent surgery back home. Though my heart was with my family, I stayed committed to leading my team in securing a critical route for a humanitarian convoy. The mission was successful, and when I returned, I found my mother recovering well. That experience reinforced the meaning of duty and resilience."

10. Can you share an example of working alongside international forces?

"I collaborated with NATO forces on a humanitarian mission, ensuring aid reached disaster-affected communities. It was a powerful reminder of the impact of global solidarity."

A Legacy of Strength and Service

It has been a privilege to speak with Captain Nalini Rawat, whose journey is an inspiration to all. Her courage, dedication, and perseverance remind us that with determination, we can break barriers and achieve greatness. Thank you, Captain, for sharing your experiences and for your unwavering service to the nation.





A Heartfelt Conversation with a Mother - Sandra D'Souza

Motherhood is a journey filled with love, sacrifice, and countless unforgettable moments. Today, I have the joy of speaking with Mrs. Sandra D'Souza, a devoted mother whose experiences reflect the beauty and challenges of raising a child. As she shares her thoughts, we get a glimpse into the strength, patience, and wisdom that define a mother's heart.

1) What are you most excited about for the future?

"I look forward to creating more beautiful memories with my children, watching them grow, and sharing unconditional love with my family."

2) How did motherhood challenge you?

"Motherhood is the most beautiful yet demanding journey. Sleepless nights, endless worries, and scothing a cranky toddler tested my patience, but every challenge was a reminder of the deep love I have for my child."

3) What's the most unforgettable live performance you've attended?

"Without a doubt, my child's first annual function! Seeing my little one confidently take the stage filled me with immense pride and joy."

4) In what ways has becoming a mother changed you?

"It has transformed me into a more patient, compassionate, and emotionally stronger person. The band I share with my children has redefined my perspective on love and life."

5) What is your greatest hope for the future?

"To see my children grow into kind, successful individuals who follow their dreams with passion and integrity."

6) Who has had the biggest influence on your life?

"My parents. They shaped me into the person I am today, teaching me resilience, love, and the values that guide my life."

7) If you could change one thing about your motherhood journey, what would it be?

"I would trust myself more. In the early days, self-doubt crept in, but over time, I realized that a mother's instincts are stronger than any advice out there."

8) What has been your proudest moment?

"Achieving my dream job while balancing motherhood—it was proof that I could pursue my goals while being the best mom I could be."

9) What's the most important life lesson you've learned?

"Patience is everything. Just like the proverb says, 'Slow and steady wins the race.' Every moment has its time, and rushing things only adds unnecessary stress."

10) If you could give one piece of advice to your child, what would it be?

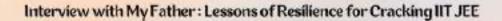
"Never compare yourself to others. You are unique, and your journey is yours alone. Stay true to yourself, and success will follow."

From treasured milestones to life's greatest lessons, Mrs. Sandra D'Souza reminds us that motherhood is not just about raising a child—it's about growing alongside them. Her words resonate with warmth and encouragement, leaving us with a deeper appreciation for the unconditional love of a mather. Thank you, Ma'am, for sharing your inspiring journey.

Diana D'souza Std - IX



Interviewing a Local Philanthropist



Behind every dream is a story of resilience, and sometimes, the best lessons come from those who have walked the path before us. Today, I sit down with my father, a man whose journey through hardships and triumphs continues to inspire me. As I prepare for my IIT JEE journey, I seek his wisdom on overcoming challenges, staying focused, and turning struggles into stepping stones for success.

1. What were the biggest challenges you faced in your education and career?

"My journey was filled with struggles—limited resources, financial hardships, and intense competition. But I learned that challenges are not roadblocks; they are stepping stones. With perseverance and smart strategies, I turned my obstacles into appartunities."

2. How does your journey relate to my path toward IIT JEE in the coming years?

"Your IIT JEE journey will test you the same way life tested me. There will be tough concepts, self-doubt, and fierce competition. But success belongs to those who stay determined, adapt, and keep moving forward—just like I did."

3. What qualities helped you rise above difficulties that I can apply to my studies?

"Discipline, resilience, and smart work. It's not just about studying hard, but also studying smart—learning how to manage time, stay focused, and turn failures into lessons. These qualities will shape your success, not just in IIT JEE but in life."

4. How do you see my IIT JEE journey as a reflection of your struggles?

"The pressure, the sacrifices, the late-night struggles—they remind me of my own battles. Every ounce of effort you put in today is paving the way for a future where you'll look back with pride, just like I do."

5. What is your best advice for handling pressure during IIT JEE?

"Take it one concept at a time. Don't fear failures—embrace them as lessons. Progress matters more than perfection. Stay consistent, take breaks when needed, and remember why you started this journey."

6. How will my success in IIT JEE make you proud?

"Your success will not just be an achievement; it will be a testament to the values of hard work, dedication, and perseverance. Seeing you conquer your dreams will be the greatest reward of my life."

7. What final message do you have for me as I continue my IIT JEE journey?

"Trust yourself. Every challenge you face today is shaping you into a stronger person. Keep going, keep believing, and no matter what, never give up. Your dream is within reach—go and grab it!"

As our conversation comes to an end, one thing is clear—success isn't just about intelligence or talent; it's about perseverance, discipline, and the courage to keep going despite obstacles. My father's journey reminds me that every challenge is an apportunity in disguise. With his guidance and my determination, I step forward with confidence, ready to carve my own path toward success. Thank you, Papa, for being my greatest teacher and motivator!

Kunal Shrivastav Std - IX





Interviewing a Local Philanthropist

Inspiring Excellence: A Heart-to-Heart with Miss Delia

Teachers are more than educators; they are mentors, guides, and the silent architects of our future. One such extraordinary mentor is Miss Delia, a passionate educator from St. Xavier's School, Vile Parle, Mumbai. A proud alumna of Convent of Jesus and Mary High School, Vasai, she has navigated her journey through challenges with unwavering determination. Her story is one of resilience, passion, and an unshakable belief in the power of education.

In this candid conversation, Miss Delia shares her inspirations, experiences, and valuable insights that continue to shape young minds.

1. What led you to choose teaching as your life's mission?

"Teaching is not just a profession for me; it's a calling. The opportunity to impact young minds and shape their future gives my work a deeper meaning."

2. How did your mother, Miss Rebecca, influence your journey in education?

"My mother has been my guiding star. She instilled in me strong values, nurtured my emotional growth, and shaped my understanding of the world. Her wisdom continues to inspire my teaching approach."

3. Your journey to becoming a teacher wasn't easy. What kept you going?

"Every challenge I faced was a stepping stone to becoming a better educator. The road was tough, but my love for learning and the desire to contribute to society kept me moving forward."

4. How do you balance your responsibilities as a teacher while managing your personal commitments?

"Balance is all about planning. Managing my time effectively helps me juggle my professional and personal life while giving my best to both."

5. What is the most fulfilling part of being a teacher?

"Seeing students grow, learn, and develop confidence in themselves—it's the most rewarding feeling ever."

6. How do you make learning more engaging and enjoyable for students?

"I bring lessons to life through interactive activities, real-world connections, and creative teaching methods.
Learning should never feel like a burden; it should spark curiosity!"

7. If you could give one piece of advice to today's students, what would it be?

"Believe in yourself. Stay committed to your dreams, embrace your uniqueness, and never let failure define you. Hard work, passion, and resilience will take you farther than you ever imagined."

Miss Delia's journey reminds us that success is not just about reaching a destination but about embracing the challenges along the way. Her story is a beacon of hope for all students striving to turn their dreams into reality.

Prachi Mardaraj Std - IX



Interviewing a Local Philanthropist

A Conversation with My Inspiration Dr. Rani Badlani – A Healer, A Leader, A Visionary

Some people don't just inspire us—they redefine the way we see the world. For me, Dr. Rani Badlani is one such person. A distinguished physician and a leader in healthcare, she has dedicated her life to healing, advocating for patient-centered care, and shaping the future of medicine with integrity and compassion.

I am Sia Jalesh, a student of Class 9 at Convent of Jesus and Mary High School, and today, I have the privilege of speaking with Dr. Badlani—my idol and my guiding star.

1. What sparked your passion for medicine, and how did your education shape your path?

"My fascination with science and human health started early, but it was witnessing the profound impact of compassionate care that truly motivated me to become a doctor. Medical education gave me more than just technical knowledge—it taught me empathy, resilience, and the importance of lifelong learning."

2. As someone I deeply admire, what advice would you give to those who look up to you?

"Never stop being curious—medicine is a field that thrives on new discoveries. Embrace challenges, because they shape your character. And most importantly, practice empathy. A doctor's skill is important, but a caring heart makes all the difference. And don't forget to take care of yourself—self-care isn't selfish, it's necessary."

3. What is your vision for the future, both for yourself and the next generation?

"For myself, I want to continue growing, both as a physician and as a mentor, advocating for better healthcare access. For the younger generation, I hope they not only excel in medical expertise but also lead with compassion and inclusivity. The future of healthcare must be one that serves everyone with dignity and integrity."

4. When faced with difficult situations, what guiding principle helps you make decisions?

"Do no harm'—this is the foundation of every decision I make. Whether it's a clinical case or a leadership challenge, I always prioritize patient safety, dignity, and ethical responsibility. Integrity, transparency, and compassion are non-negatiable for me."

5. Ethical dilemmas are inevitable in the medical field. Have you ever faced one, and how did you navigate it?

"Absolutely. There have been moments when a patient's personal beliefs conflicted with medical advice. In one case, a patient refused lifesaving treatment. Instead of forcing a decision, I took the time to listen, understand, and work with them to find the best possible solution. Respect, patience, and empathy always lead the way."

A Legacy of Healing and Leadership

Dr. Rani Badlani's journey is a testament to the power of knowledge, kindness, and perseverance. Her wisdom and dedication serve as a guiding light—not just for future doctors but for anyone striving to make a difference in the world.

Dr. Rani, thank you for your time, your insights, and your unwavering commitment to healing with both skill and heart. Your story isn't just inspiring—it's a blueprint for excellence.

> Miss Sia Jalesh Grade IX



Grade 10

Twelve Years of School: A Journey of Growth

Reflecting on my twelve years of school, I feel immense gratitude for the experiences and lessons that shaped me. From the beginning, I strived to be diligent, respectful, and eager to learn. My passion for art, craft, and sports earned me awards, while extracurricular activities broadened my perspective.

Though often talkative, I was selectively extroverted—friendly when comfortable but usually reserved. Certain memories remain vivid, like Sr. Sylvia's kind reminder that "kindness costs nothing but means everything" and Miss Mildred's reassuring words during my exams. These moments highlighted the care and encouragement of my mentors.

As I progressed, my personality evolved. In primary school, I was energetic and outgoing, but in secondary, I became more introspective, forming fewer yet deeper friendships. The pandemic disrupted life, bringing isolation but also new interests. My family's words, "Every challenge teaches something," proved true as I adapted to online learning and explored new hobbies.

Returning to in-person classes in Grade 8 was an incredible experience. Reuniting with friends and reconnecting with teachers made me appreciate the bonds we had missed. The unwavering support of our teachers helped us transition back smoothly.

Later, I was honored to be chosen as a discipline leader under Sr. Flavia, who taught me that "discipline isn't about control; it's about respect." Her leadership lessons, both strict and kind, inspired me to strive for excellence.

These twelve years were about much more than academics. They instilled in me empathy, resilience, and the importance of community. I now realize that learning extends beyond textbooks—the experiences and values we gain shape us just as much. As I step into the future, I carry these lessons with an open mind and a kind heart.

Vishlesha Vaity Grade 10

Memories, Milestones, and Growth: My CJM Experience

School is more than a place of learning; it's where personal growth and lifelong memories take shape. For ten years, the Convent of Jesus and Mary High School has been my second home, and as I prepare to say goodbye, I reflect on the journey that shaped me.

In my early years, I was quiet and reserved, hesitant to interact even with classmates. That changed in Grade 5 when I formed meaningful friendships that helped me break out of my shell. It was also the year I achieved my first major milestone—being named Junior Athlete. This moment filled me with pride and confidence, pushing me to explore my potential further. However, just as I was gaining momentum, the COVID-19 pandemic disrupted everything, bringing two years of online schooling and isolation. Though challenging, it taught me resilience and adaptability.

Returning to in-person classes in Grade 8 was an incredible experience. Reuniting with friends and teachers felt like a fresh start, and we made the most of every moment. Grades 8 and 9 were filled with laughter, learning, and valuable life lessons in discipline, time management, and confidence. Balancing academics and responsibilities prepared us for the challenges ahead.

Now, in Grade 10, this journey feels both exciting and bittersweet, Sr. Flavia's guidance through meditation and affirmations has helped us stay focused, while our teachers have been our greatest mentors, balancing discipline with encouragement. They have not only shaped our academic success but also instilled values that will stay with us for life.

As I step forward, I carry with me the friendships, lessons, and memories that have defined my school years.

I am determined to achieve more and embrace the future with confidence. A heartfelt thank you to Sr.

Flavia, our teachers, and my friends for making this journey so special.

Tanishka Dongare Grade 10

From Fifth Grader to Head Girl: My School Story

I, Nicole Dias, Head Girl for 2024-2025, feel truly blessed to have Sr. Flavia as our principal for my final three years at CJM. Her unwavering dedication has shaped not just my academic journey but also my personal growth, and I am incredibly grateful for her guidance.

My journey at CJM began in Grade 5, marking a fresh start as I transitioned to the SSC pattern after living abroad for years. Adjusting to new subjects, especially Marathi, felt daunting, but Miss Auriea and Miss Rupa warmly welcomed me, offering support that made all the difference. In Grade 6, Miss Swity's enthusiasm for Mathematics and Science made learning a joy, setting a strong foundation for the years ahead.

Grades 7 and 8 were filled with joy, laughter, and valuable lessons under Miss Lija's cheerful guidance. Sir Prasanna amazed us all with his ability to teach Sanskrit so effectively in just a week, and Miss Rochelle's engaging teaching style made figures of speech genuinely enjoyable. These teachers left an impact that want beyond academics, shaping our love for learning.

In Grade 9, Miss Rovina's creative approach, using 3D models and interactive lessons, made every class exciting. Miss Anita's warmth, dedication, and sense of humor made her a beloved mentor, while Miss Sunita's dependable presence ensured we always had someone to turn to—her famous lines, "PAY THE PEES!" and "GO MEET SISTER IN THE OFFICE!" will always be iconic. Our school helpers—Uncle Manoj, Uncle Sachin, Uncle Naresh, Aunt Geeta, Aunty Aruna, and Aunty Cinderella—are the unsung heroes of CJM, their kindness and support making each school day smoother.

Now, in Grade 10, we have been fortunate to have Miss Tejaswi as our class teacher. Though she joined recently, she made us feel as if we had known her forever. Her commitment to ensuring we mastered our lessons, repeating formulas endlessly until they stuck, will always be remembered. My classmates, who have been my constant companions, made this journey truly special—through laughter, fights, endless chatter, and unforgettable memories.

Being Head Girl has been an incredible learning experience, teaching me the art of balancing academics, responsibilities, and friendships. Leading school events like Teachers' Day, Helpers' Day, and Sports Day has been an honor, and moments like the Joy Fun Day, with its delicious food and lively music, brought immense joy. The forewell, though bittersweet, will always hold a special place in my heart.

With a heavy heart, I know I will miss the mischief—the fun of hiding in the washrooms and library, the punishments that turned into inside jokes, the roast battles, and the impromptu karaoke sessions on the smart screen. These moments define what it truly means when people say, "Enjoy your last year."

> Nicole Dias Grade 10

From Jr. KG to Grade 10: My Unforgettable Journey

I have been a part of this wonderful school since 2012. Starting from Jr. Kg and now in Grade 10, this has been a rollercoaster ride of emotions as I approach the final chapter of my school life. These 12 years have been a joyful journey filled with unforgettable moments of learning, laughter, and growth—memories I will cherish forever.

School life has taught me some of the most valuable lessons, such as time management, balancing academics with extracurricular activities like stage speaking, dancing, and skits, and making time for self-studies and rejuvenation. These experiences have helped me develop organizational skills that will remain invaluable throughout my life. Punctuality was another essential value instilled in me, as continuous assignments and strict deadlines kept us on our toes. Even during challenging times, we learned to set aside personal differences and work together as a team.

Teamwork was a cornerstone of many school events, and it taught me the importance of collaboration and mutual respect. Through stage speaking and performances, I gained confidence and avercame stage fright—skills I am certain will benefit me in my future endeavors.

As I near the end of this incredible journey, I realize how much I owe to my teachers, who have guided and molded me into the person I am today. School has been the foundation for my future and has given me innumerable memories that will forever hold a special place in my heart.

The Heart of My School Days

School is a place for personal growth, learning, and creating memories that last a lifetime. For me, school has been a journey filled with moments of joy, challenges, and friendships that have shaped who I am today.

My name is Prince Naresh Vaishnav, and I have been a proud student of Convent of Jesus and Mary High School since 2012. Now, in Grade 10, as I reflect on my years here, I realize how much this school has given me—memories, friendships, and invaluable lessons.

I still remember my first day at CJM. I was nervous, with countless questions racing through my mind: "Will I be a good day? Will I fit in? Will I make friends?" But summoring my courage, I stepped into CJM, ready to face the unknown. The school felt massive, and I was in awe of everything around me. The teachers were warm and welcoming, and my class teacher, Ms. Giovanna, greeted me with a smile and says, "Good marning, my dearest student. You can sit wherever you like." Her friendly demeanour instantly calmed my nerves.

I chose to sit beside a boy who seemed quiet and gentle. His name was Anas, and little did I know that he would become my best triend and remain so to this day. Together, we created countless memories, and later, we were joined by another close friend, Aryan. The bond between the three of us has remained unbreakable, proving the saying, "A friend in need is a friend indeed."

Over the years, CJM has been my second home. The transition from Junior Kg to Grade 10 has been an incredible journey. Each year brought new challenges, lessons, and opportunities to grow. In Grade 8, when we transitioned to high school, I was introduced to new teachers—Ms. Lija, Miss Rovina, Ms. Rupa, and Ms. Anita—each of whom treated us with kindness and care, like second mothers guiding us along the right path.

In grade 8, as the new academic year began, we were filled with both excitement and nervousness about the arrival of a new principal. A principal plays a crucial role in shaping the future of a school, and we hoped for a strong, capable leader. When Sr. Flavia Fernandes arrived, we were pleasantly surprised by her youthful energy and disciplined approach. Her leadership has been exceptional, and she has worked tirelessly to elevate our school. Thanks to her dedication, our school's reputation has soared in Vasai. Sr. Flavia is, without a doubt, the most dedicated principal I have ever known. She has transformed our school, instilling values of etiquette, mindfulness, and positivity, while also introducing meditation and examination of conscience from day one to help us lead balanced lives. Her influence has made a lasting impact, fostering a school environment centered on growth, inspiration and well-being. In Grade 10, I've embraced additional responsibilities as a Blue House Captain. Being a prefect taught me discipline, leadership, and the importance of staying committed to my duties. These experiences have prepared me for

As I near the end of my school journey, I look back with gratitude. The friendships I've built, the lessons I've learned, and the memories I've made are treasures I'll carry with me forever. Soon, we'll have our farewell—a bittersweet moment that marks the end of this beautiful chapter.

challenges beyond school life.

Life is like a clock—it never stops. Thirteen years at CJM have passed in what feels like the blink of an eye. As I prepare to step into the future, I know I'll always cherish my time at CJM. It's not just a school; it's a part of who I am. "How lucky am I to have something that makes saying goodbye so hard."

Prince Naresh Vaishnav Grade 10

Cherished Moments in My School Journey

i, Master Allen Stanton Martin, a proud student of the prestigious Convent of Jesus and Mary High School, am thrilled to share the incredible experiences I've gained during my time here. Though my journey began in Standard VIII, the three years I've spent in this institution have been truly transformative and memorable.

One of the most remarkable moments of my school life was being elected as the Head Boy of this esteemed institution. When I jained, a world of apportunities immediately embraced me. From hosting events to taking part in sports and various other activities, I discovered new talents and built confidence. My teachers, who have always been my guiding light, supported and encouraged me at every step, making my journey even more meaningful.

The election of school leaders was a pivotal moment for me. I was humbled and honoured when our Principal, Sr. Flavia Fernandes, chose me as the Head Boy. It was a recognition of my dedication, contributions, and love for the school. This responsibility taught me the true essence of leadership and commitment.

As the months passed, I also made many wonderful friends, each adding jay and meaning to my school days. These friendships, coupled with the immense appartunities and guidance I received, have made my time at the Convent of Jesus and Mary High School truly unforgettable.

I will forever cherish these moments, as they have shaped me into the person I am today. I am deeply grateful to my school for nurturing me and giving me memories of treasure for a lifetime.

> Allen Stanton Martin Grade 10

ANNUAL DAY

'The More You Give The More You Receive'











ANNUAL DAY

'The More You Give The More You Receive'











INDEPENDENCE DAY

GENEROSITY: THE HEARTBEAT OF INDEPENDENCE DAY CELEBRATION













TEACHERS' DAY

TEACHERS: THE TIMELESS WONDERS OF THE WORLD

















HELPER'S DAY

औदार्याचे देवदूत सि.जे. एम. चे सेवक













CHILDREN'S DAY

SHINE BRIGHT, SHARE BRIGHTER

















SPORT'S DAY

'The More You Give, The More You Receive'

















SPORT'S DAY

'The More You Give, The More You Receive'















CHRISTMAS CELEBRATION

CELEBRATE THE BIRTH OF JESUS WITH A GENEROUS HEART

















CHRISTMAS CELEBRATION

CELEBRATE THE BIRTH OF JESUS WITH A GENEROUS HEART

















INVESTITURE CEREMONY

'CJM LEADERS GENEROUSLY LEAD IN ACTION'





















SSCFARBUBLL

SAILING INTO THE FUTURE GIVING & SERVING













SISTED DAY



ST. CLAUDINE THEVENET: A MODEL OF GENEROSITY





















LOYFUN DAY

'Games, Snacks & Dance Galore!'

















REPUBLIS DAY

CIELLEBIRATTING GENIEROSITY AIND DIVIERSITY IN AI

















PRE-PRIMARY ANNUAL DAY

MUSIC SPEAKS WHEN PROMISES BREAK

















"EDUCATING WITH GENEROSITY - THE TRUE REWARD OF TEACHING"

Inspiring Generosity Through the Lens of Science

Science education has the profound ability to not only impart knowledge but also to transform students' lives, shaping their perspectives, attitudes, and even their future paths. Through the study of science, students learn to question, imagine, and think critically. Today, I'd like to share an experience that shows how teaching science can affect lives in meaningful ways.

One of the most moving lessons I've taught was on "The Structure of the Eye and Eye Donation." While discussing the biology of the eye, I emphasized the values of selflessness and generosity, using a real-life story of a young child who lost his vision to a corneal disease. This story captured my students' attention, but it was the response of one particular student, Maria, that became an unforgettable moment.

Maria (name changed), a bright and passionate Class VIII student, raised her hand to share something deeply personal. Though blind herself, Maria expressed her love for learning, especially in computers and music. However, her vision impairment made pursuing her dreams extremely difficult. With courage, Maria stood up and said that she haped one day to receive a corneal transplant to regain her sight. She also made a heartfelt promise: once she passed away, she would donate her own eyes to help someone else fulfil their dreams.

This gesture touched everyone in the room, and I encouraged the class to reflect on Maria's inspiring commitment. Rachel (name changed), another student, thoughtfully commented, "We should be grateful for the incredible gift of sight that we have. Not everyone receives the incredible gift of sight.

In that moment, I felt the powerful truth of the saying, "The more you give, the more you receive." Our willingness to give—whether through organ donation or any selfless act—creates a ripple effect, inspiring others to do the same. As I posed a question to the class—"What happens when we give selflessly, like a stranger might?"—the students responded eagerly, "We inspire others, and kindness multiplies!" What began as a lesson on the structure of the eye transformed into a profound discussion on generosity, kindness, and the impact of selfless acts. The students left the classroom that day with a new perspective, carrying forward an appreciation for the power of giving and the impact it can have on others.

This experience reminded me of how science teaching can extend for beyond the confines of textbooks. Science can shape character, inspire compassion, and foster resilience in young minds. I'm honoured to help my students embrace curiosity, creativity, and critical thinking, preparing them to tackle the challenges of tomorrow as compassionate, thoughtful individuals.

Miss Rovina Nitin Machado Grade 9 Educator

Nurturing Young Minds: Guiding Students to Shine

Being a dedicated teacher, I consider myself fortunate to have the incredible opportunity to affect the hearts and lives of my students. Currently, I teach Grade 1—a group of energetic, joyful, and curious little sculs. Every day with them is an adventure, and watching them grow has been one of the most rewarding experiences of my life.

When the school year began, I noticed how diverse my students were in their personalities and learning styles. Some clung to me like I was a mother figure, openly sharing their thoughts and feelings. Others were more reserved and hesitant to speak up, and some faced significant struggles with learning. Each child brings their own set of challenges, but to me, every child is a beautiful creation of God, perfect in their way. They are like stars, waiting for the right moment to shine—and as a teacher, my role is to help them discover their light.

One of the biggest challenges was helping them transition from senior kindergarten, especially with managing their time and completing classwork. Many found it difficult to adjust to the longer school hours, often feeling overwhelmed. So, I created a special space in the classroom called the "Kids" Corner," where they could unwind and play during free time. This simple change brought so much joy and lifted their spirits. To nurture a love of learning, I encouraged daily reading habits, which also helped sharpen their critical thinking skills.

Watching my students slowly bloom in confidence has been an incredible journey. I worked with them on public speaking by encouraging participation in assemblies and extracurricular activities. With every word of praise, I could see their self-confidence grow. They took pride in their environment, following the classroom rules and feeling responsible for their actions.

I've also made it a priority to involve the parents in their child's growth. By keeping, them updated on both academic progress and personal development, we could create a strong support system that allowed the children to thrive in every aspect of their lives. Today, my students come to me with big smiles, looking for hugs, excitedly raising their hands to take part, and completing their tasks with a newfound sense of responsibility.

I'm deeply proud of the transformation I've witnessed in each of them, and I thank God every day for the privilege of helping them along this journey. May these bright little stars continue to shine and reach for their dreams.

Ms. Mildred Falcao Grade 1 Educator

Shaping Tiny Minds: The Joy of Guiding Children's Growth

This year, 2024, as the teacher of Senior Kindergarten, I had the blessing of a relatively smaller and more well-behaved group of children compared to last year. Most of the kids were calm, composed, and gentle, which made our classroom a peaceful space. As a pre-primary teacher, I am privileged to be part of a beautiful journey where learning goes beyond the classroom, deeply touching the hearts of both children and their parents.

Each child is like a delicate bud, blooming in their own time and unique way. I got to know each child—understanding their strengths and areas where they needed more support. This allowed me to create a nurturing and safe environment, where the students felt comfortable sharing their thoughts and expressing themselves freely. I brought fun and creativity into the classroom, designing games and activities that sparked their interest and made learning joyful.

I also focused on teaching neatness and cleanliness, constantly reminding the children about good habits. For those who seemed upset or withdrawn, I spent extra time with them, having one-on-one conversations to help them feel seen and heard. It was heart-warming to see how simply listening to them helped brighten their spirits.

I believe that keeping parents involved is key to a child's growth, so I shared every achievement and effort their child made, no matter how small. This not only motivated the children but also fostered a mindset of growth and improvement. Whether it was a quick word of encouragement during drop-off or meaningful conversations during parent-teacher meetings, the bond between parents and teachers became a crucial part of the children's development.

One parent shared with me how overwhelmed with joy she was at her child's growth, especially in extracurricular activities. She mentioned how the school's approach helped her child thrive, and she felt truly blessed to witness such positive changes.

As a pre-primary team, we organized family-oriented competitions, like the Grandparent's Catwalk, the Father and Child Drawing Competition, and a Non-Fire MasterChef Challenge. These events brought students and their families together, building bonds through fun and creativity. On Grandparents' Day, when we had the catwalk competition, many grandparents spake of how proud they were. One parent, close to tears, thanked me for the chance to see her child and the grandmother shine together, showing talents they didn't even know they had. It reminded me how, as educators, we don't just build confidence in our students but also bring happiness to their families.

In closing, I believe that education is a true partnership—between the teacher, the child, and the parent. I feel incredibly blessed to be part of this meaningful journey, where I have the chance to touch lives and make a positive difference, one family at a time.

Mrs. Lyra Francis Dsouza Senior Kindergarten Educator

Finding My Footing: A New Teacher's Journey

Stepping into the classroom for the first time as a teacher was both exciting and overwhelming. Fresh out of my training, I found myself in front of a room full of students, each with their own personalities, strengths, and challenges. I had spent months preparing for this moment, yet nothing could fully equip me for the reality of managing a classroom, building rapport with students, and truly making a difference in their learning journey.

As an apprentice educator, I am still finding my way—crawling before I can walk, learning through each experience, and growing with every challenge. One of my biggest hurdles has been classroom management. Controlling a group of energetic young minds is no easy task, and I quickly realized that discipline is not just about enforcing rules but about creating an environment where respect is mutual. It took time, patience, and a few tough days, but slowly, I am learning the balance between authority and approachability.

Building relationships with my students has been another important aspect of my journey. I have come to understand that teaching is not just about delivering lessons but about connecting with students on a personal level. It's about listening to them, understanding their struggles, and celebrating their victories—no matter how small. Each day, I strive to create a classroom where students feel comfortable expressing themselves, asking questions, and making mistakes without fear.

I have also learned that motivation is at the heart of education. Many students enter the classroom burdened by self-doubt, believing they are not good enough or capable enough. I see it in the hesitant hands that don't go up, the eyes that avoid contact, and the whispers of "I can't." My role as a teacher is to change that mindset. By encouraging them, praising their efforts, and showing them that progress matters more than perfection, I aim to replace their doubt with confidence.

Every day is a lesson—not just for my students but for me as well. I am learning that teaching is as much about patience as it is about passion, as much about listening as it is about speaking. Though I am still at the beginning of my journey, I know that with perseverance and dedication, I will continue to grow into the teacher I aspire to be.

This is just the start, and I am eager to see where this journey takes me. Because in the end, teaching is not just about shaping young minds—It is also about shaping myself into the best educator I can be.

Ms. Desiree Carvalho Grade 5 Educator

Guiding Hearts and Minds: The Lasting Impact of a Teacher's Touch

As a teacher, I believe the classroom is much more than a place for academics—it's a nurturing environment where each student grows emotionally and personally. Over the years, I see that teaching goes for beyond simply sharing knowledge; it's about offering patience, understanding, and encouragement. The phrase "the more you give, the more you receive" holds true in this field, as each act of guidance and kindness enriches both students and teachers alike.

Every student brings a unique blend of talents, challenges, and dreams. This academic year, I'm fortunate to work with 75 students, each one presenting both challenges and rewards. Some students grasp new concepts quickly, while others need extra time and attention. For instance, I guided a hyperactive student to channel his energy productively. I've learned that teaching requires adjusting our approach to support each individual's needs, which brings the most profound rewards.

Early in my career, I viewed teaching mainly as a responsibility to complete the syllabus. But as time went on, I discovered that true teaching means creating a space where students feel safe to ask questions, express themselves, and grow. I began setting aside extra time to help students discuss and reflect on what they learned. Through this approach, I've experienced the greatest joy of all—seeing students understand their potential and develop a love for learning.

Often, students walk into the classroom carrying insecurities and doubts. They frequently compare themselves to friends, feeling they aren't "good enough." In such moments, I strive to help them recognize their unique strengths. I recall a student who initially struggled to keep up with her peers. Instead of focusing solely on academic support, I encouraged her emotional growth, building her confidence through gentle encouragement and opportunities to take part in class. Watching her blossom from a shy child into a confident individual, eager to take part in assemblies and school events, was a precious gift as a teacher.

In each lesson we teach, we plant seeds of possibility and resilience. A teacher's influence reaches far beyond the walls of the classroom, touching lives in ways we may never fully see. Through our dedication, we help students find the courage to dream big, the strength to persevere through challenges, and the wisdom to achieve their goals. As the world constantly changes, the role of a teacher remains vital and profound, reminding us all that to teach is to touch lives forever.

> Mrs. Norisca Sirvel Grade 4 Educator

A Colourful Journey: My First Year as an Art & Craft Teacher

Stepping into the Convent of Jesus & Mary High School as an art and craft teacher was both exciting and nerve-wracking. It was my first year of teaching, and I was eager to bring creativity into my students' lives while also learning and growing in my role. Teaching students from Classes I to 8, I had the privilege of nurturing young artistic minds, helping them discover the joy of self-expression through colors, patterns, and designs.

One of my main responsibilities was training students for the Elementary and Intermediate Art Exams. At first, I was unsure how to break down complex artistic concepts in a way that young students could grasp. But as I began working with them, I realized that patience, encouragement, and hands-on practice were key. Seeing their progress—watching them transform a blank canvas into something meaningful—was truly rewarding. Their enthusiasm for learning pushed me to improve my teaching techniques and find new ways to inspire creativity in the classroom.

Beyond the art lessons, I took on the exciting challenge of creating backdrops for school events, monthly theme boards, and awards boards. Initially, the idea of designing large-scale backdrops felt overwhelming, but I embraced it as an apportunity to showcase my creativity. With each event, I experimented with different styles, colors, and artistic techniques, and soon, what once seemed daunting became something I looked forward to. The satisfaction of seeing my work enhance the school's environment was incredibly fulfilling.

However, my journey was not without its challenges. Managing students—keeping them engaged, ensuring they brought their materials to class, and fostering a genuine interest in art—was not easy. Many students saw art as just another subject, something secondary to academics. My goal was to ignite a passion for creativity in them, to show them that art was not just about drawing but about self-expression, patience, and imagination. Slowly, through interactive lessons, encouragement, and a little bit of fun, I noticed a change—students began looking forward to art class, showing enthusiasm for their projects, and even taking initiative to bring their own ideas to life.

Through it all, I was fortunate to receive unwavering support and guidance from Sr. Flavia. She was more than just a mentar—she was my pillar of strength. With patience and kindness, she helped me navigate the challenges of my first year, offering advice, encouragement, and moral support whenever I needed it. Her faith in my abilities gave me confidence, and her words of wisdom made my journey all the more enriching.

Looking back, my first year as a teacher has been nothing short of an adventure. It was a year of learning, experimenting, overcoming challenges, and finding joy in the little moments—from a student's proud smile after completing a painting to the excitement of unveiling a new backdrop at a school event. Teaching at Convent of Jesus & Mary High School has been a transformative experience, and I look forward to many more years of inspiring young artists, one brushstroke at a time.

Ms. Pradnya Khedekar Art Teacher

Shaping Champions: A Year of Sporting Triumph at CJM Vasai

As a sports teacher, my mission is not just to teach students the fundamentals of the game but to inspire in them a lifelong love for physical activity. Sports are more than just competition—they build character, instill discipline, and teach resilience. In my first year at Convent of Jesus and Mary, Vasai, I have had the privilege of witnessing the incredible potential of our students, and it has been a rewarding journey of mativation, teamwork, and success.

Creating a positive and inclusive environment is at the heart of my coaching philosophy. I strive to make every student feel valued and encouraged, whether they are stepping onto the field for the first time or training at a competitive level. Recognizing effort, celebrating progress, and fostering a sense of camaraderie are key to keeping students engaged and excited about sports.

One of the highlights of this year was introducing baseball to the school. It was a completely new sport for our students, yet their enthusiasm and determination were truly commendable. With rigarous training and teamwork, they performed exceptionally well at the Palghar District Sports Tournament, securing an impressive second-place finish. This achievement was a testament to their dedication and willingness to embrace new challenges. Building on this success, our students are now preparing for the National Baseball Tournaments, which will begin in April. Their journey continues, and with their hard work and commitment, we look forward to even greater accomplishments on the national stage.

An even greater triumph awaited us in the world of cricket. Under the expert guidance of our cricket coach, Sir Abhijeet Tapase, our team participated in the Vasai Colts tournament, one of the most prestigious cricket events in the region. This tournament is not just about winning—it serves as a platform for young cricketers to showcase their talent and get noticed for selection at the national level. Our boys gave it their all, displaying exceptional teamwork, skill, and an indomitable spirit. Their hard work paid off as they emerged champions, bringing home the coveted title.

This victory was historic—it marked the first time in 25 years that our school had lifted this prestigious trophy. The moment the trophy arrived at the school, it was welcomed with immense pride and celebration. As a rotating trophy, it will remain in our school for a year, serving as a powerful reminder of what dedication and perseverance can achieve. More importantly, it stands as an inspiration for future athletes to continue this winning legacy.

Beyond the medals and trophies, the true essence of sports lies in the lessons it teaches—resilience in the face of challenges, the value of teamwork, and the unwavering pursuit of excellence. I always encourage my students to adopt a growth mindset, where setbacks are seen not as failures but as opportunities to learn and improve.

My journey at CJM Vasai has only just begun, but seeing the students' passion and commitment has been an incredibly fulfilling experience. As we move forward. I hope to continue nurturing young athletes, pushing boundaries, and celebrating the spirit of sportsmanship. The foundation has been laid, and the future looks bright for the next generation of champions.

Mr. Jones Pereira PE Teacher

"Empowering Young Minds, One Click at a Time"

As I look back on my first year at CJM, Palle, I can only describe it as a roller coaster ride — full of unexpected turns, exciting highs, and moments that have helped me grow both professionally and personally.

The beginning of the year came with its fair share of challenges. Being in a new environment and adapting to the school's rhythm wasn't easy. But I was fortunate to have the constant support of my colleagues and, most importantly, Sr. Flavia, our principal. Her guidance and mentorship have been invaluable, and I truly consider her a pillar of strength and wisdom in my journey.

While my official title is "Computer Teacher," I've often found myself behind the scenes — quite literally! Whether I'm out shooting videos, creating reels, clicking photos, or editing content, I've become known as the person always on the move. In fact, I once overheard a student affectionately refer to me as "Ms. Reel" — a nickname that makes me smile every time I think about it.

Despite all the media work, my true passion remains teaching. I love being in the classroom, introducing students to the world of computers and technology. My vision is to see every student at CJM become technology, confident, and curious in this digital age.

This first year has been nothing short of amazing. It's been filled with learning, laughter, a few bumps along the way, and countless memories. But if this journey is a ride, it's definitely one I love being on.

Ms. Aurice Dias Computer Teacher

शिक्षक म्हणून पालकांशी संवादाचा अनुभव

शिक्षक आणि पालकांचे नाते नाजुक धाग्यांसारखे असते. शिक्षक -पालक संवादात दोघांचाही समान सहभाग आवश्यक असतो. शिक्षक आणि पालकांशी संवाद साधताना मला अनेक अनुभव आले. काही पालक मुलांच्या सर्वांगीण विकासावर भर देतात व मुलांच्या आनंदाची अपेक्षा करतात. हे पालक नेहमी शिक्षकांशी संवाद साधतात. ते नेहमी सकारात्मक व आनंददायी संवाद साधतात, तर अनेकदा शिक्षकांना पालकांना समजावून सांगावे लागते की, मुलांच्या जीवनात गुणांबरोबर मूल्ये, नैतिकता आणि कौशल्ये महत्त्वाचे असतात; कारण हेच त्यांच्या व्यक्तिमत्वाला आकार देतात. आज पालक व शिक्षक यांना विद्यार्थ्यांना घडवताना अनेक आव्हानांना सामोरे जावं लागतं. अशा वेळी शिक्षकांना शांतपणे आणि संयमाने परिस्थिती हाताळावी लागते. संवादातूनच समन्वय साधण्याचा प्रयत्न करावा लागतो आणि पालकांच्या सहकार्याने विद्यार्थ्यांचा शैक्षणिक प्रवास अधिक सुलभ होतो.

असाच एक अनुभव :

एक विद्यार्थी वर्गात काहीतरी चुकीचा वागला. ही गोष्ट माझ्या निदर्शनास येताच मी त्याला समजावले परंतू पालकांना ही गोष्ट कळवणे गरजेचे आहे; असे त्याला सांगून फोन करून बाबांना कळवले. त्या क्षणापासून तो विद्यार्थी बाबा त्याला संध्याकाळी कामावरून आल्यावर मारतील असे सांगून ढसाढसा रडू लागला. सा-या परिस्थितीचा आढावा घेऊन मी पुन्हा त्याच्या बाबांना फोन करून समजाविले. पालक सकारात्मक होते. मुलाला न मारता समज घालण्याचे मी त्यांच्याकडून वचन घेतले. दुस-या दिवशी तो विद्यार्थी वर्गात आल्यावर मि त्याची विचारपूस केली. 'बाबांनी न मारता त्याची समज घातली होती' हे ऐकून समाधान वाटले. त्यावेळी त्याच्या डोळ्यातील कृतज्ञतेचे ते भाव माझ्या नजरेतून चुकणारे होते.

पालक जर शिक्षकांवर विश्वास ठेवून सहकार्य करत असतील, तर मुलांचं भवितव्य उज्ज्वल होईल. शिक्षक म्हणून पालकांशी साधलेला संवाद आणि त्यांचे सहकार्य याचा अनुभव खूप काही शिकवणारा असतो.



the Power of Giving-Parents Shaping a Generous Generation

Fostering A Culture of Charity, A Parent's Perspective

As children, we often hear the saying, "Like a sunflower follows the sun, I turn to You, my God, in simplicity; charity I follow." At first, we may not fully grasp the meaning of charity, but as we graw, we learn that it embodies kindness, compassion, and selflessness. Charity extends beyond financial aid—it is about caring for others and making a positive impact. Stories from elders often highlight these values, teaching us the importance of generosity.

However, in today's fast-paced world, these values seem to be fading. The rise of nuclear families has reduced children's exposure to the lessons of empathy and sharing that joint families naturally provided. With society increasingly facused on individual success, the sense of community and collective well-being is often overlooked. This has led to a growing self-centered mindset, not entirely the fault of children but rather a reflection of modern parenting and societal shifts.

Interestingly, while many people today form strong emotional connections with animals, this same compassion is not always extended to fellow human beings. We may feel deep sorrow for an injured animal but remain indifferent to human suffering. This highlights the need to renew our focus on kindness and empathy toward one another.

The family is a child's first school, and parents are their primary teachers. Children learn best by observing, so it is crucial for parents to model charitable behaviour. Great figures such as Mother Teresa and Mahatma Gandhi exemplify selflessness, showing us how a life rooted in charity can transform the world. Parents should encourage their children to engage in acts of kindness—whether by volunteering, helping a friend, or simply treating family members with respect and care.

Concerns about safety may make parents hesitant to involve children in charitable activities, but kindness can be integrated into daily life in simple ways. Encouraging children to share their food, time, or knowledge helps develop a spirit of generosity. Small acts of kindness within the home create a foundation for greater compassion in the world.

Ultimately, fostering a culture of charity begins with parents. By teaching and encouraging their children to practice kindness and empathy, they can shape a more caring and united society.

Mrs. Jovella D'souza Grade 2 Parent

Sharing: The Heartbeat of Connection and Kindness

In today's fast-paced world, we often overlock something simple yet powerful: sharing. Whether it's ideas, time, or resources, sharing strengthens our connections and enriches our lives. It creates a sense of belonging and reminds us that we are not alone.

Sharing begins at home. I fandly remember family dinners where we exchanged stories, laughter, and support. These moments taught me empathy and the value of listening. When my sister shared her struggles, I learned to comfort and encourage her, and she did the same for me. These small but meaningful exchanges strengthened our band and deepened our understanding of each other.

School further reinforced the importance of sharing. Group projects taught me to overcome my hesitation in vaicing my thoughts. At first, I was nervous, but as my classmates shared their own ideas, I grew more confident. We learned from each other, celebrated successes, and supported one another through challenges. Sharing not only made collaboration easier but also built lasting friendships.

Beyond our personal circles, sharing extends into society. Volunteering for community clean-ups and food drives opened my eyes to the ripple effect of generosity. One experience at a local shelter left a lasting impact. Seeing the joy or people's faces when we offered food and kindness reminded me that sharing isn't just about material things—it's about uplifting others.

One of my most memorable experiences with sharing happened during a difficult time in my life. Feeling lost and isolated, I was invited by a close friend to spend a weekend at her home. She didn't just share her space; she shared her time, heart, and understanding. We laughed, talked, and supported each other. That simple act of kindness showed me that sharing isn't only about giving—it's about being present when someone needs it most.

In a world that sometimes feels divided, small acts of sharing can make a significant difference. A kind word, a shared meal, or an offer of help can create a chain reaction of positivity. As the saying goes, "Sharing is not just about giving: it's about connecting." When we share, we don't just help others—we enrich our own lives and build a more compossionate world. Let's make sharing a part of our daily lives and watch how it transforms the world ground us.

Mrs. Salvation Pinto

Ripple Effects of Kindness

Madress is a fundamental virtue in parenting, shaping children into empathetic, generous, and compassionate individuals. When parents consistently model kindness, they instill values that extend beyond the home, influencing schools, communities, and society as a whole.

I recall a heartwarming moment that highlighted the power of kindness. While at the park, my son struggled to join a game. Instead of ignoring him, an older child invited him in, patiently explained the rules, and made sure he felt included. This simple act had a profound impact on my son, boosting his confidence and sense of belonging.

The effects didn't stop there. Inspired by this kindness, my son became more socially open, patient with his peers, and even started initiating acts of kindness himself. Within our family, his newfound empathy fostered a culture of gratitude and support, strengthening our bond.

At school, teachers noticed his willingness to help others and resolve conflicts peacefully. His peers looked up to him as a leader, making the classroom a more inclusive and cooperative space. His kindness even rippled through the community, inspiring other children to be more considerate and parents to encourage similar behavior at home.

Beyond these immediate effects, kindness has played a crucial role in shaping my child's character. It has strengthened his resilience, reinforced his self-worth, and given him the confidence to face challenges with a positive attitude. These traits will serve him well throughout life, proving that kindness is not just a momentary gesture but a lifelong strength.

One of the most valuable lessons I've learned is that kindness is contagious. When children witness and experience acts of compassion, they naturally replicate them. As parents, our actions speak louder than words—we must embody the kindness we wish to see in our children.

By prioritizing kindness, we raise children who are not only empathetic and confident but also catalysts for positive change. Even the smallest gestures can create a lasting ripple effect. Let's make kindness a way of life, ensuring that love and compassion shape the world for generations to come.

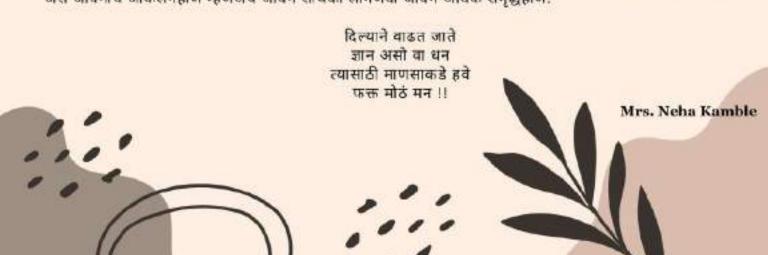
> Mrs. Blossom Dsouza PTA Member Std X



आपले जीवन अधिक समृद्ध बनवण्यासाठी दानाचे महत्व

जिथे दान देण्याची सवय असते, तिथे संपत्तीची कमी नसते. आणि जिथे माणुसकीची शिकवण असते तिथे माणसांची कमी नसते.

दानही जगातली सर्वात उत्तम कल्पना आहे. ज्याला तीसमजली तो सर्वांगाने समृद्धहोतो. दानाचे प्रकार अनेक आहेत. अन्नदान, धनदान, वस्त्रदान, नेत्रदान, देहदान सर्वस्व दान, बिलदान इत्यादी. दान करण्यामागे दया, सहाय्य, पुण्य, उदारता असे अनेक भावअसतात. अपेक्षेने केलेल्या दानाची किंमत शून्य असते. दान निरपेक्ष, निस्वार्थहवं. त्यामागे परताव्याची अपेक्षा असता कामा नये. "नेकी कर और समुंदर मे डाल" इतकं ते निरीच्छहवं. त्यागपूर्ण दान हे श्रेष्ठ. शिवाय ते देव, धर्म, देवादि भावनेपेक्षा पेक्षा समाजहितार्थ करणे अधिक महत्त्वाचे. तुम्ही "स्व" चं विसर्जन करूथकाल, तेव्हाच ते शक्य आहे. काळजी, गरज, जबाबदारी म्हणूनआपण आयुष्यात संग्रह करत असतो. तेचतत्व दानासहि लागू आहेत. दुसऱ्याचीकाळजी, गरज हे आपणओळखले पाहिजे. "देणाऱ्याचे हात घेण्याची कल्पना" हे जगातले सर्वोत्तम अनुकरण म्हणायला हवे. मिडास, कुबेरव्हायचं की कर्ण हेठरवता आले पाहिजे. आपणालादुसऱ्यांच कोणी होता आलंतर समजावं "त्यांना जीवन कळले हो!" असं जीवनाचं आकलनहोणं म्हणजेच जीवन सार्थकी लागणंवा जीवन अधिक समृद्धहोणं.



Volunteering time: A Rewarding Experience

The main purpose of the PTA is to promote the welfare and education of children and youth in home, school, and community and our mission is to provide a powerful voice for all children, to foster partnerships between parents, teachers, and community, and to advocate for the education and well-being of all children.

Importance of Volunteering in the School Community is that it supports students' success, builds community, enhances school programs, promotes parents' involvement, develops new skills and shows kids the value of service.

I'm Linda Dias (mother of Nicole and Erik Dias), I was a PTA member last Lear for grade three and got a chance to continue my tenure this year as a co-opted member this year as well. I was a little hesitant to continue this year as well as I had a lot on my plate to finish, but I knew that this would be a good chance for me to have a good interaction with the other parents.

Some of the benefits of volunteering in a PTA are Increased involvement in your child's education, Opportunities to meet and connect with other parents and teachers, Development of new skills, such as leadership, communication, and problem-solving, Enhanced understanding of school policies and decisions, Ability to contribute to school improvement and decision-making processes, Networking opportunities with other parents and community members. Personal growth and sense of accomplishment, Role modelling for your child, demonstrating the value of service and community involvement.

A lot has to be sacrificed when it comes to the children. We PTA members are there for all the events organised by the school. We're there for children's day, teachers' day, sports day, assisting during field trips, etc. We also provide classroom assistance if in case a teacher might be on a tight schedule.

The collaboration and teamwork of a PTA are essential to its success. Here are some ways PTAs demonstrate collaboration and teamwork Shared Goals-Parent-Teacher Partnerships, Committee work, Volunteer opportunities, Meetings and communication, Inclusive environment, Support for teachers and staff, Community engagement, Fundraising and resource sharing, Celebrating successes.

There are many rewards of being a PTA member. There is a feeling of sense of accomplishment, personal growth, student benefit, etc. Not to forget the outstanding contributions to our outstanding Principal Sr. Flavia, whose commitment to the school has brought out a drastic change.

I hape that we will have more volunteers for the PTA in the following year, It's like they say "Volunteers don't necessarily have the time; they just have the heart!"

Mrs. Linda Dias

औदार्याची गोडी

जीवनाला अधिक सुंदर आणि सजीव बनविणारे एक महत्त्वाचे तत्व म्हणजे **"ओदार्याची गोडी**". जीवनातील खरे सुख हे दुसऱ्यांच्या मदतीत, त्यांच्यासोबत सहकार्य करण्यात आणि आपले हसरे हृदय सर्वांना देण्यातच आहे. औदार्य म्हणजे फक्त संपत्ती किंवा वस्तू देणे नाही, तर समज, संवेदना, मदत, ग्रेम आणि वेळ ही मूल्येही समाविष्ट आहेत.

कौटुंबिक अनुभव आमच्या घरात, औदार्याच्या गोडीचा एक छान अनुभव होता. माझ्या आई-विडलांनाच पाहून मी औदार्याची खरी गोडी शिकली. आम्ही एकदा गरीब कुटुंबास मदत केली, त्यात आईने त्यांना स्वयंपाकासाठी धान्य दिले आणि विडलांनी त्यांना त्यांच्या शेतात काम करण्यासाठी मदतीचा हात दिला. त्या दिवशीं मी पाहिले की, आपल्याला काय कमी पडेल हे महत्त्वाचे नाही, पण जे काही आपल्याकडे आहे, ते दिले तर दुसऱ्यांच्या चेहऱ्यावर हसू फुलवता येईल. त्यामुळे चरातील वातावरण नेहमीच प्रेमळ, शांत आणि आनंदी असायचं.

शाळेचा अनुभव

औदार्याची गोडी ही एक अतिशय महत्त्वाची आणि आदर्श भावना आहे, जीजस अंड मेरी शाळा आपल्या शाळेच्या परिसरातील गरीब मुलांना व कुटुंबांना मदत करून ही भावना साकारते. शाळा आर्थिकदृष्ट्या दुवंल असलेल्या विद्यार्थ्यांना शिक्षणाच्या संधी उपलब्ध करून देते, त्यांना आवश्यकतेनुसार शालेय साहित्य पुरवते आणि शिक्षणात प्रगती करण्यासाठी प्रोत्साहन देते. तसेच शाळेतील विद्यार्थी आणि शिक्षक मिळून परिसरातील गरीब कुटुंबांसाठी अन्न, कपडें, आणि इतर आवश्यक वस्तूंची मदत करतात. या औदार्याच्या कार्यामुळे शाळेच्या विद्यार्थ्यांमध्ये सेवा सहदयता जोपासली जाते. ही शाळा समाजात प्रेम, आपुलकी आणि परोपकाराच्या मूल्यांचा प्रसार करते, ज्यामुळे शाळेचा हा आदर्श आणि इतरांसाठीडी प्रेरणादायी ठरतो.

हया अनुभवाने मला खूप शिकवले की, एकमेकांची मदत केल्याने फक्त एकाच व्यक्तीचे जीवन सुधारत नाही, तर आपलेही मन शुद्ध आणि आनंदी राहते.

परिसरातील अनुभव

परिसरातील औदार्याची गोडी देखील महत्त्वाची आहे. एके दिवशी, आमच्या गल्लीत एक वृद्ध महिला बरीच आजारी होती. तिला डॉक्टरकडे घेऊन जाणे आवश्यक होते, पण ती एकटी जाऊ शकत नव्हती. त्या वेळेस, शेजाऱ्यांनी एकत्र येऊन तिला सहाय्य केले. शेजाऱ्यांनी आपला वेळ व काही यैसे खर्च करून तिचे जीवन वाचवले. हे पाहून मला खूप आनंद झाला आणि मला समजले की, "औदार्याची गोडी" म्हणजे केवळ शब्दात नाही, तर कृतीतून होणारे प्रेम आणि संवेदना आहे.

निष्कर्ष

"औदार्याची गोडी" ही एक मूल्य आहे, जी शाळा, कुटुंब आणि परिसरातून शिकता येते. या गोडीने आपले आणि इतरांचे जीवन समृद्ध होते. शाळेत शिक्षिका, घरातील वडील-आई आणि परिसरातील मित्र-शेजारी यांच्याद्वारे मिळालेल्या या शिक्षणाने आपल्याला सामाजिक दृष्टिकोन, संवेदना आणि परस्पर मदतीची महत्त्वाची शिकवण मिळाली आहे. औदार्याची गोडी ही फक्त दिलेल्या वस्तूंमध्ये नाही, तर त्यामुळे मिळणा-या प्रेम, मदत आणि संवेदनांमध्ये आहे.

Mrs. Megha Deshmukh

TOGETHER WE HELP, TOGETHER WE GROW

At Convent of Jesus and Mary School (CJM), the spirit of collaboration is at the heart of everything we do. Whether it's between students, teachers, parents, or administrators, working together has created an environment where every child feels supported, valued, and inspired to achieve their best.

One of the most beautiful examples of teamwork at CJM is seen in the way our students support one another. In the classrooms, the teachers encourage group discussions, peer learning, and team-based projects. I have seen my daughters, Odelia (Std 4) and Olesia (Std 1), grow in confidence as they work alongside their classmates, exchanging ideas and learning from one another. They have developed essential skills like communication, patience, and problem-solving—all because of the collaborative culture that CJM fosters.

Beyond the classroom, collaboration is most evident in the events we organize. The Annual Day, Teachers' Day, and Sports Day are shining examples of how our school thrives when parents, teachers, and students come together. As a PTA member, I have personally witnessed how parent volunteers play a significant role in ensuring these events run smoothly. From managing logistics to guiding students backstage, parents become an integral part of the school's success. This involvement not only lightens the load for teachers but also strengthens the band between families and the school.

A particularly heart-warming moment for me was during Teachers' Day, when parents and students worked together to plan a surprise for the faculty. The sheer joy on the teachers' faces as students performed heartfelt skits and dances made all the effort worthwhile. These small but meaningful gestures reinforce the sense of belonging at CJM, where every individual—teacher, student, and parent—is appreciated.

Another area where collaboration has had a profound impact is student progress. At CJM, parents and teachers maintain open lines of communication. Parent-Teacher Meetings are not just formal check-ins but meaningful conversations where we discuss our children's strengths and challenges. I remember a time when Odelia was struggling with a particular subject. Through regular discussions with her teacher and additional support at home, we saw tremendous improvement. This kind of home-school partnership is what makes a real difference in a child's education.

Parental involvement at CJM goes beyond academics. Parents actively participate in organizing charity drives, school fairs, and outreach programs. This instills in our children the values of generosity and teamwork. Seeing their parents contribute to the school community inspires students to give back as well, fostering a culture of kindness and responsibility.

At CJM, we believe that education is not just about textbooks and exams—it's about creating a supportive, engaging, and enriching environment where students thrive academically, socially, and emotionally. Our school is more than just a place of January it is a family where everyone—teachers, students, and parents—works hand in hand to ensure that our children receive best possible education.

As a PTA member and a proud parent, I have seen first-hand how collaboration at CJM has shaped my daughters into confident, responsible, and compassionate individuals. When we help together, we truly grow together—as a school, as a community, and as a family.

Mr. Elvis Pereira

उदारता का महत्व देने से कैसा बढता है सुख

परमेश्वरने हमें इस संसारमें उदारता फैलाने ने के लिएभेजा है। उदारता कावह रूप जो हमेसबसे अधिक लाभ पहुँचताहै, उसे धन मेनहीं मापा जा सकता।जो बात मायने रखतीहै, वह है कीहम दूसरे व्यक्ती को कितनी संवेदनशीलताप्रदान करते हैं।

जितनाअधिक हम अपने व्यक्तिगतप्रयासो को किसी औरपर प्रभाव डालते हुए देखते है, उतना ही अधिक हमदेने के अनुभव सेलाभ उठाते है।

उदारहोने की संतुष्टी हमारेआत्म बोध को बढातीहै। इसके अलावा जबहम देने की स्थितिमें होते है तोहम अधिक तणावमुक्त, सहजऔर वर्तमान में जिने वालेहोते हैं। बेहतर स्वास्थ्य, खुशी और जीवन मेउद्देश का आनंद मिलताहै।

हमारीउदारता की ताकत परिवर्तनको स्वीकार करने की हमारीक्षमता का एक प्राथमिककारक है। देने केकिसी भी एक कार्यमे भय और आसक्तीकम हो जाती है।जैसे ही हम देतेहै, हम पाते है।जब हम देना सिखतेहै, तो हमारे भीतरएक खास चमक बढ़तीहै।

जोलोग उदार होते है, उनके प्रति भरोसा विकसित होता है। उन्हेएक अलग ही सुखप्राप्त होता है। इसकाउदाहरण हमारे ही समाज मेरहने बाले थे, श्री. रतन टाटा जी उदारताकी वजह से उनकेलिये हर कोई अच्छाकहता है। उनके कोईदुश्मन नही है।

उदारताके लाभों से सुखऔर खुशी बाटने सेबढती है और हमेबदलने की शक्ती मिलतीहै। हम लगातार एकसच्ची और वास्तविक खुशीको छने और उसेगहरा करने में सक्षमहोते है।

हमजितना सुख उदारता सेवाटेंगे, उससे कई ज्यादासुख हमारे हिस्से मे आयेगा।

Mrs. Samita Chodankar PTA Member Std V





The Science of Giving: A Parent's Perspective

Since my childhood, grawing up in a Catholic family, I have always been taught about the values of giving. My parents always told me, how God promises us that, whatever we give, we will receive the blessings back a hundred-fold. For example: a simple smile, you receive back many smiles and good vibes. Through my parents' teachings and the life, they fived, was an example set front of me and that sawed the values of love, kindness, generosity, respect and charity in me. The way one generation passes on its values to the next, usually reflects the same philosophy as the transfer of wealth. I feel proud and privileged to continue this legacy of generosity of giving from my maternal family. Even after getting married, I was very lucky to have a husband, who shared the same values of generosity of giving and kindness towards the needy.

Teaching children about the importance of giving is very important. We often share with our daughters how others were generous with us during our childhood. Our parents couldn't afford all our basic necessities and so our relatives and few generous families helped us with passing on their old books, clothes, toys, etc. We can't express in words, how it feels to be on the receiving end of generosity shown and then whatever excess is left, pass it on to the ones in need. Now personally, we tend to give more charitably around the holidays, an special occasions like birthday or anniversary. This is a great time to continue the family legacy along with our children, putting forward an example of why we give and the ways of giving. The proverb, "Charity begins at Home", means when children learn how to be kind, how to share with one another, how to respect elders, serve and help their family, only then will they learn to go out and help the needy. Anecdate: Once, my family visited an Old Age Home. We made a small contribution by donating monthly ration as well as arganized lunch for them. Both my daughters along with us, equally participated in helping each elderly person to serve the food in their plates as well as helping them comfortably reach their seats at the table. This experience also taught them the value of responsibility towards the community.

Ways of Giving: – 1. Giving in the school: I do this in different ways including, supporting the school by volunteering at the school events, mentoring a class, joining the PTA, attending the School Board Meetings, donating my time and services and supporting teachers. 2. Giving in the community: Community is just an expansion of our family, where we live together and help each other. We aften have prayer services, rosary, Parent's Day celebration, etc. in our community, where we all come together as one big family. I would love to quote an incident from the past, there was girl from a very poor family, and her parents couldn't pay her school fees. We learnt that, they had received a notice from the school stating that, until they don't pay the outstanding fees, their daughter will not be given the SSC board Exam Hall ticket. So, my cousins and I, five of us decided to help this girl and we contributed our monthly salary and paid all her outstanding fees. I still remember the joy in her eyes and the entire family expressing their gratitude towards us for doing this noble deed gave us all a feeling of happiness within our hearts. 3. Benefits of Giving: We are all familiar with the saying, "It's better to give than receive". Those of us who are kind and compassionate, experience clear benefits to our well-being and happiness. Kindness also helps reduce stress and improve our emotional well-being. It creates positive effect on my mental health, gives me a feeling of satisfaction of happiness and joy around and most importantly the blessings my family and I receive from the people I help, we me the most calmness and peacefulness of mind.

bising generous children; Being an example to our children is very important. Always remember our children follow every stay we take. Hence, my husband and I avoid arguments if any, front of our daughters. We always respect each family member in terms of the words we speak, share opinions or suggestions, value their time and abey elders. So be a model of generosity first then mold these values in our children. Also don't forget to praise and appreciate their every single good deed. Help them understand how their words and actions can make a difference and help someone be happy. At the same time, encourage empathy in children, the ability to understand that every individual is different and that they should learn to respect other's feelings and thoughts too.

Let's all start becoming more big-hearted and generous. Be thankful for the countless blessings in our lives and start paying attention to the needy around us. Let us come together to make a better and a happier World around us by helping one another. The Law of GIVING is very simple: If you want JOY, give JOY. If LOVE is what you seek, after LOVE, If you crave MATERIAL AFFLUENCE... HELP OTHERS, BECOME PROSPEROUS.

Mrs. Jacqueline Wilbro Gonsalves

"लेने के लिए देना" - ["Giving to Receive"]

जीवनमें हर एक व्यक्तिकुछ न कुछ पानेकी इच्छा रखता है। हमसभी सफलता, खुशियाँ, प्रेम और आदर कीआशा करते हैं। लेकिनक्या हमने कभी यहसोचा है कि पानेके लिए हमें सबसेपहले देना सीखना होगा?

'लेने केलिए देना" का मतलब अर्थयही है कि जोकुछ भी हम दूसरोंसे प्राप्त करना चाहते हैं, हमें पहले उसे खुदभी दूसरों को देना चाहिए।यदि हम प्रेम, सम्मान, या सहयोग चाहते हैं, तो पहलेहमें इन गुणों कोखुद में विकिशत करके दूसरों को प्रदान करनाहोगा। जब हम निस्वार्धभाव से दूसरों कीसहायता करते हैं, उनकीप्रार्थना दया और करणादिखाते हैं, तब हमेंबदले में अमुल्य चीजेंमिलती हैं।

एकसमाज तभी उन्नति करसकता है जब उसकेसदस्य एक-दूसरे की। भला सोचने, अपनी प्रगति कीराह पर चलते हैं। जब हम दूसरों कीमदद के लिए आगेआते हैं, तो हमारीओर भी मदद केकदम बढ़ते हैं। प्रकृति भीहमें यह सिखाती है। एक पेड़ अपने फलतभी देता है जबउरों सही देखभात, पानीऔर पोषण मिलता है। इसी प्रकार, मानव जीवन में भी संतुलन तभी प्राप्त होताहै जब हम इसरोंकी देने के महत्त्वको समझते हैं।

समाजमें एक सकारात्मक बदलावलाने के लिए हमें आसपास के लोगों कीजरूरतों को समझना औरउनकी मदद करना चाहिए। अंततः "लेने के लिए देना" एक संतुलन की आवश्यकता प्रदर्शितकरता है। यह हमें सिखाता है कि प्राप्तिकी खुशी सबसे पहलेदेने के कार्य सेआती है। जो हमदूसरों को देते हैं, वही हमें कई गुनाहोकर लौटता है।

जबतुम्हें देना बाद रहेगा, और लेना भूल जाओगे, तब तुम्हें जो मिलेगा, वो इतना होगा, के तुम दुखी रहना भूल जाओगे।

VOICES OF ALUMNI

The Ripple Effect - Small Acts of Kindness Create Big Impacts

(Batch 2016 - Dr. Neha Shridhar, MBBS)

The joy of giving is truly the greatest joy of all. I never fully grasped this until I experienced it firsthand, and now, I cherish every opportunity to make a difference. Giving is not just about lending something—it is about impacting lives, no matter how small the act may seem. The ability to reach out and bring change is a true mark of wealth.

As a medical student, I witness lives transforming every day, for better or worse. Losing a patient is heartbreaking, making me realize the immense power in the act of giving. One incident that profoundly changed me was during my pediatrics posting. A 22-month-old child, suffering from recurrent respiratory infections due to an atrial septal defect (ASD), was in urgent need of surgery. The parents, gripped with fear, couldn't afford the procedure. When I learned that their fees could be reduced if they had proper documentation, I immediately recalled a contact who could help. I shared the information, and the mother's tearful smile was unforgettable—it was hope shining through brokenness. This moment reinforced my purpose in medicine.

Back in 2018, a saint on a flight asked me, "Why do you want to be a doctor?" Though I decided on this career in grade 9, my purpose became clearer in junior college—the joy of directly impacting lives is unmatched. A visit to an old-age home during SSC first showed me how fulfilling it is to bring joy to others, a lesson my school instilled in me.

Giving is not just about material things; it can be time, a listening ear, a comforting hug, or a kind word. Even the smallest acts can light up lives. True kindness stems from love—the ability to care for people beyond our own circles, seeing them through the eyes of devotion.

In a world where most interactions are driven by personal gain, it takes courage to give selflessly. Yet, the gratitude in a simple "thank you" or a heartfelt smile brings unparalleled happiness. It reaffirms our existence and purpose. I urge you to embrace giving over receiving in a world where kindness is rare. Once you experience the joy of giving, these words will resonate deeply within you.

Ikigai: The Gift You Are Meant to Share

(Batch 2015 - Saleon Quiney)

In a world obsessed with consumerism, we're led to believe that happiness comes from owning more. But true fulfillment isn't found in possessions—it comes from sharing our gifts with the world. The Japanese concept of ikigai—"the reason you get up in the morning"—teaches that purpose comes from what makes life meaningful. Finding it requires self-reflection, but once discovered, it becomes a lifelong pursuit.

Through my travels, I've met people who found their ikigal in helping others: a psychologist reconnecting people with themselves, a conservationist protecting nature, a musician spreading joy, and a fitness enthusiast inspiring healthy lifestyles. Despite different paths, they all found fulfillment in giving.

For me, my ikigai is playing music, building connections through advertising, teaching, and supporting my family. Giving doesn't require grand acts—it starts small, like helping a friend or making a positive impact in your community. When we become mindful of others' needs, we start solving problems beyond ourselves, shaping a better world.

What's in it for you? Maybe nothing tangible. But the joy of giving is best felt when we expect nothing in return. As we move into new phases of life, let's take time each morning to reflect on our ikigai and how we can be the gift the world needs.

Beyond Grand Gestures: The Quiet Strength of Everyday Kindness

(Batch 2016 - Swarangi Vartak)

For the longest time, I believed that giving was something we did for others—a nable act, a responsibility, a way to make the world a little better. But as the years passed, I realized that giving isn't just about what we offer. It's about what it brings back to us.

As a mental health professional, I see every day. A kind word, a listening ear, or simply being there for someone can make all the difference. What's truly beautiful is that giving doesn't take anything away from us. Instead, it fills us with a sense of purpose, reminding us that we are connected in ways we don't always realize.

I used to think that generosity had to be grand—big donations, hours of volunteer work, or lifechanging sacrifices. But I've learned that the most meaningful acts of giving are often the simplest. A check-in message to a friend, choosing patience when frustration is easier, or offering a shoulder to cry on—these quiet moments of kindness stay with people. They

The best part about giving? We never run out of it. No matter where we are or what we have, there is always something we can offer—our words, our presence, our kindness. And the more we give, the more we realize that true abundance has never been about what we own. It has always been about what we share.

So, if you ever wonder whether your kindness matters, let me tell you—it does. Every small act plants a seed. And sometimes, the greatest joy isn't in seeing it bloom, but in knowing that, in some way, you were part of something that grew.

Beyond Leadership: Serving with Compassion

(Batch 2020 - Liza Saldanha)

In the midst of life's hustle and bustle, I've come to cherish a simple truth—the joy of giving is one of the most fulfilling experiences. We often chase success, striving to achieve more, but I've realized that true happiness comes not from what we receive, but from what we give—whether it's our time, a kind word, or a small act of kindness.

I still remember an assembly at school where we watched a video about the ripple effect of kindness. It showed how a simple act of giving could extend far beyond the recipient, creating a chain of positivity. That lesson stayed with me, making me reflect on my own journey. I used to believe I was more of a receiver, constantly relying on my classmates for notes due to my involvement in extracurricular activities. But looking back, I see now that I was giving in my own way.

Being elected as Head Girl transformed my perspective. Every morning, as I stood at the entrance of CJM, I was greeted by little children with bright smiles and cheerful greetings. Returning those wishes with equal warmth became a small but meaningful part of my day. But beyond that, my role gave me the chance to listen to my peers, to be their voice. I vividly recall the moment my classmates urged me to speak to Sr. Victoria about giving us a study break. Though hesitant, I stepped up—and when she granted our request, the relief and gratitude on my friends' faces made me realize how powerful it is to give, not just things, but also hope and support.

Leadership, I learned, isn't about authority—it's about service. It's about making people feel seen, heard, and valued. Whether it was standing up for my classmates, helping organize events, or simply offering a listening ear, every act of giving strengthened my bonds with those around me.

Looking back, I'm deeply grateful to CJM for shaping me into the person I am today. The school didn't just give me apportunities—it taught me how to give back. And in doing so, I discovered that the joy of giving isn't about grand gestures, but about being there for others, in small but meaningful ways. That's a lesson I will carry with me, always.

अदृश्य हाता, दृढ आधार -

शाळेसाठी आमचे योगदान

आम्ही, शाळेतील सेवक, शाळेचे दैनंदिन कामकाज सुरळीत चालावे यासाठी प्रामाणिकपणे आमच्या जबाबदाऱ्या पार पाडतो. आमचे मुख्य काम शाळा खच्छ ठेवणे असले, तरी त्याबरोबर विद्यार्थ्यांना आणि शिक्षकांना आवश्यक ती मदत करणे हे आमचे कर्तव्य आहे.

आम्ही सकाळी शाळा वेळेवर उघडतो आणि दिवसभर स्वच्छता, पिण्याच्या पाण्याची सोय, शाळेच्या उपकरणांची देखभाल, शाळेचे दरवाजे उघडणे व बंद करणे यांसारख्या अनेक कामांमध्ये व्यस्त असतो. जर एखाद्या विद्यार्थ्याला मदतीची गरज असेल, तर आम्ही त्यांना सहकार्य करण्यास तत्पर असतो.

शाळेतील वातावरण शिस्तबद्ध आणि स्वच्छ ठेवणे हे आमच्यासाठी खूप महत्त्वाचे आहे. यामुळे विद्यार्थ्यांना अभ्यासासाठी योग्य वातावरण मिळते आणि शाळेचा कारभार सुरळीत पार पडतो. आमच्या कामातून विद्यार्थ्यांचे आरोग्य सुरक्षित राहते आणि त्यांना शिक्षणासाठी आवश्यक तेवढा आधार मिळतो.

आम्हांला आमच्या सेवेचा अभिमान आहे. आम्ही ही जबाबदारी केवळ काम म्हणून नव्हे, तर शाळेचा एक महत्त्वाचा भाग म्हणून पार पाडतो.

-सी. जे. एम. शाळेचे सेवक: मनोज, नरेश आणि सिंड्रेला

सी. जे. एम. आमच्यासाठी एक परिवार

आमच्यासाठी C.J.M. शाळा ही केवळ कामाची जागा नसून, ती एक परिवार आहे. म्हणूनच, आम्ही आमच्या कामात हृदयपूर्ण सहभाग घेतो. शाळेसाठी शक्य तेवढे उत्तम काम करण्याचा आम्ही नेहमी प्रयत्न करतो. आमचे रोजचे काम विविध प्रकारचे असते. त्यात:

- विद्यार्थ्यांसाठी स्वच्छ बाथरूमची व्यवस्था करणे
- मजले (फ्लोअर) पुसणे व स्वच्छ ठेवणे
- बँकेची कामे करणे.
- ऑफिसमधील विविध कामे पार पाडणे.
- शाळेच्या बागेची देखभाल आणि सुरक्षा करणे.
- सुट्टीत शाळेच्या आवारामध्ये उभे राहून विद्यार्थ्यांची सुरक्षा सुनिश्चित करणे.

आम्ही ही सर्व कामे प्रामाणिकपणे आणि संवेदनशीलतेने करतो. शाळेतील प्रत्येक वस्तू व्यवस्थित असावी, मुलांची काळजी घेतली जावी, आणि परिसर स्वच्छ राहावा यासाठी आम्ही मन:पूर्वक प्रयत्न करतो.

आम्ही, गीता आणि सचिन, या शाळेतील सेवक असल्याचा गौरव बाळगतो आणि सी. जे. एम.कुटुंबाचा एक भाग असल्याचा आम्होला आनंद बाटतो.

> -सी. जे. एम. शाळेचे सेवक: गीता आणि सचिन

PRE-PRIMARY

FATHER'S DAY DRAWING COMPETITION

"Bright Colors for a Super Dad"





GRANDPARENTS DAY CATWALK

'Strutting with Grandma & Grandpa in Style!'





HEALTHY FAST FOOD COMPETITION

'Healthy Bites, Happy Lives!'







CHRISTMAS FANCY DRESS

"Costumes, Cheer and Holiday Spirit-Let the Festive Fun Begin!"







MONSOON PARTY

"Drizzles, Giggles and Good Times!"





ASSEMBLY ON JANMASHTAMI

"A Day of Devotion, Dance, and Divine Love!"







HORSE DAY HIGHUIGHTS

'Horse-tastic Shenanigans'







VISIT TO FARM

'Down on the Farm, Up with the Fun!'







VISIT TO OUD AGE HOME

'Spreading Smiles, Sharing Time'





PRIMARY SECTION WATERMELON DAY

Melon Moods and Sunny Feels





ROSE DAY

Where Words Fail, Roses Speak







DANDI MARCH

A Peaceful Walk, A Powerful Message





NON-VEG FOOD DAY

'Savor the Flavor of Non-Veg Magic!'







FIRST AID DAY

'Act Fast, Act Smart, Act First!'







PIZZA MAKING ACTIVITY

'From Dough to Delight-Crafted with Love, Topped
With Creativity'

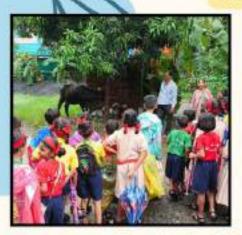






COW DAY

"Cattle Call! Its Time to Celebrate Our Bovine Buddies"







AGBM & PARENT TEACHER MEETS

"United in our Mission to Raise Amazing Kids!"







EGG DAY

"All Things Egg-straordinary!"







CLASS ASSEMBLIES

The Power of Expression Begins Here!

















MIDDLE SCHOOL Science Quiz

"Think Fast, Think Smart - It's Quiz Time!"







Be a Magician

'Abracadabra..... Let the Magic Begin!'





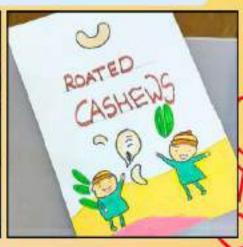


Cashew Day

'Celebrate the Crunch that Packs a Punch'







HIGH SCHOOL MALALA DAY

"From Fear to Fierce - Honouring Malala's Fight!"





DIGITAL POSTER MAKING

"Where Creativity Gets A Digital Makeover!"





SLOGAN WRITING

"Pen Your Power in a Phrase!"





Marathon

"Fueled by Passion, Powered by Determination!"







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"The Slowest Cyclist, the Sharpest Skills!"





Badminton

"Fly like a Shuttle, Strike like a Pro!"







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'Picnic Adventures with the Best Crew -Let the Good Times Roll!'





















GRADE 10 PICNIC

'Bonding, Laughter & Nature - Silvassa Diaries!'















GLASS PHOTOGRAPHS

"Snapshots of Laughter and Learning! Lets Cherish these Moments Forever!"





















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